1  
00:00:00,740 --> 00:00:01,100  
好了  
  
2  
00:00:01,540 --> 00:00:03,620  
各位同学，咱们接着聊啊  
  
3  
00:00:04,190 --> 00:00:04,390  
呃  
  
4  
00:00:04,470 --> 00:00:06,830  
咱们这课呀，分上下半场对吧  
  
5  
00:00:06,830 --> 00:00:09,070  
每次啊有一个好处就是有什么问题呢  
  
6  
00:00:09,070 --> 00:00:10,880  
同学们及时提出来，呃  
  
7  
00:00:10,880 --> 00:00:11,920  
因为我在讲的时候呢  
  
8  
00:00:11,920 --> 00:00:13,200  
本身也一气呵成啊  
  
9  
00:00:13,200 --> 00:00:15,000  
有的时候萝卜快了不洗泥  
  
10  
00:00:15,280 --> 00:00:16,120  
个别地方呢  
  
11  
00:00:16,120 --> 00:00:17,440  
可能一带而过啊  
  
12  
00:00:17,440 --> 00:00:19,440  
同学们可能有有没理解的地方  
  
13  
00:00:19,720 --> 00:00:22,680  
那么在这呢，课间的时候提出来我也好补充一下  
  
14  
00:00:22,930 --> 00:00:25,730  
上堂课有两个大家比较突出的问题啊  
  
15  
00:00:25,730 --> 00:00:29,320  
就是一个咱们争取就把它都扫除所有盲点啊  
  
16  
00:00:29,320 --> 00:00:30,280  
不给他留问题  
  
17  
00:00:30,680 --> 00:00:33,960  
那么第一个呢，就是刚才我们说这个第四条啊  
  
18  
00:00:34,470 --> 00:00:35,910  
呃，太阳病脉浮而紧  
  
19  
00:00:36,110 --> 00:00:37,590  
那么这个我有点口误啊  
  
20  
00:00:37,590 --> 00:00:38,710  
这个我得承认一个问题  
  
21  
00:00:39,030 --> 00:00:39,230  
呃  
  
22  
00:00:39,230 --> 00:00:40,630  
那么我说了一个恶寒者  
  
23  
00:00:40,790 --> 00:00:42,550  
此为急需，对不对啊  
  
24  
00:00:42,910 --> 00:00:45,030  
那么呃，我刚才讲啊  
  
25  
00:00:45,030 --> 00:00:45,790  
就是麦佛尔锦  
  
26  
00:00:45,830 --> 00:00:47,110  
前者呢，不恶寒  
  
27  
00:00:47,660 --> 00:00:48,900  
其实这个不严谨啊  
  
28  
00:00:48,940 --> 00:00:49,700  
应该是什么呢  
  
29  
00:00:50,060 --> 00:00:52,340  
跟后头恶寒者它相对比来说  
  
30  
00:00:52,740 --> 00:00:54,140  
它不是以恶寒为主  
  
31  
00:00:54,600 --> 00:00:57,560  
而后头恶寒者重点突出恶寒啊  
  
32  
00:00:57,680 --> 00:00:59,560  
重点突出无汗这种描述方式  
  
33  
00:00:59,560 --> 00:01:02,520  
实际上在我们伤寒之中也很多  
  
34  
00:01:02,880 --> 00:01:05,400  
你比如说这个这个芍药甘草汤，对吧  
  
35  
00:01:05,890 --> 00:01:08,890  
哎，这个这个这个包括芍甘草附子汤啊  
  
36  
00:01:08,890 --> 00:01:10,690  
他俩之间就有差别是吧  
  
37  
00:01:10,690 --> 00:01:11,290  
汗出恶寒  
  
38  
00:01:11,850 --> 00:01:12,050  
呃  
  
39  
00:01:12,290 --> 00:01:13,010  
那么就有差别  
  
40  
00:01:13,010 --> 00:01:14,130  
这个也是一样的啊  
  
41  
00:01:14,370 --> 00:01:15,850  
所以这个我再多说一点啊  
  
42  
00:01:16,210 --> 00:01:17,730  
那么他的所谓恶寒呢  
  
43  
00:01:17,730 --> 00:01:18,530  
所谓急需  
  
44  
00:01:18,930 --> 00:01:19,650  
其实重点  
  
45  
00:01:19,650 --> 00:01:24,060  
我个人认为它就是说以怕冷为突出特征的时候啊  
  
46  
00:01:24,060 --> 00:01:25,740  
就这个时候我不，我不管别的了  
  
47  
00:01:25,740 --> 00:01:27,580  
反正我是看怕冷来的啊  
  
48  
00:01:27,940 --> 00:01:30,850  
那么你观察它可能是这么一个一个脉证  
  
49  
00:01:31,090 --> 00:01:31,970  
那么你就要注意  
  
50  
00:01:32,170 --> 00:01:34,250  
而且我在这个上头的理解呢  
  
51  
00:01:34,250 --> 00:01:37,570  
我认为他的两尺脉应该是应该是尘微的  
  
52  
00:01:37,570 --> 00:01:39,410  
就是特别微弱，几乎摸不着  
  
53  
00:01:39,660 --> 00:01:41,460  
如果用伤寒定式来说  
  
54  
00:01:41,740 --> 00:01:44,580  
这里头应该以附子为加减  
  
55  
00:01:44,860 --> 00:01:48,260  
你比如说类似于伤寒论第二条太阳病发汗遂漏不止  
  
56  
00:01:48,580 --> 00:01:49,940  
桂枝加附子汤症，对吧  
  
57  
00:01:50,500 --> 00:01:50,700  
哎  
  
58  
00:01:50,740 --> 00:01:52,500  
那么从这儿来立论，呃  
  
59  
00:01:52,580 --> 00:01:54,860  
刚才比较突出的一个疑点呢  
  
60  
00:01:54,860 --> 00:01:56,740  
还有大家对这个月毕加猪汤  
  
61  
00:01:56,780 --> 00:01:58,380  
我刚才一带而过啊  
  
62  
00:01:58,380 --> 00:02:01,560  
因为这个过去也是以前传承的东西  
  
63  
00:02:01,960 --> 00:02:02,160  
呃  
  
64  
00:02:02,280 --> 00:02:04,880  
那么它实际上有一个内圈和外圈的问题  
  
65  
00:02:05,290 --> 00:02:05,530  
呃  
  
66  
00:02:05,730 --> 00:02:08,690  
简单说一下，那么人的其实阴阳啊  
  
67  
00:02:08,770 --> 00:02:09,889  
我们三阴经，三阴经  
  
68  
00:02:09,930 --> 00:02:12,570  
你要从不同角度去看它  
  
69  
00:02:12,570 --> 00:02:13,410  
它也不一样  
  
70  
00:02:13,710 --> 00:02:13,910  
呃  
  
71  
00:02:13,910 --> 00:02:15,030  
你从一条线上看  
  
72  
00:02:15,390 --> 00:02:16,950  
太阳阳明少阳，太阴少阴厥阴  
  
73  
00:02:16,950 --> 00:02:18,270  
一个内外传遍的问题  
  
74  
00:02:18,270 --> 00:02:18,790  
对不对啊  
  
75  
00:02:19,100 --> 00:02:20,860  
但你仔细的一理解啊  
  
76  
00:02:21,260 --> 00:02:23,580  
这个呢，就源于过去的这个  
  
77  
00:02:23,580 --> 00:02:25,180  
这个宗门内传啊  
  
78  
00:02:25,220 --> 00:02:26,820  
家师沈谦益先生所授  
  
79  
00:02:27,220 --> 00:02:28,460  
呃，实际上这个呢  
  
80  
00:02:28,820 --> 00:02:31,420  
它也涉及到人的内外有别  
  
81  
00:02:31,660 --> 00:02:32,860  
我们之前讲过啊  
  
82  
00:02:32,860 --> 00:02:35,670  
但是呃，比如说我们讲我还记得很清楚  
  
83  
00:02:35,670 --> 00:02:37,470  
桂枝附子汤政还记得吧  
  
84  
00:02:37,750 --> 00:02:39,030  
我曾经说过这个问题啊  
  
85  
00:02:39,070 --> 00:02:40,110  
内和外的问题  
  
86  
00:02:40,460 --> 00:02:42,700  
呃，那么这个外在有水  
  
87  
00:02:42,820 --> 00:02:44,340  
但现在难点在于什么呢  
  
88  
00:02:44,340 --> 00:02:46,900  
小便自利，王津液还可  
  
89  
00:02:47,930 --> 00:02:50,690  
内在的水存不住，大家明白这个道理了没有  
  
90  
00:02:51,210 --> 00:02:52,770  
那么我要解外头  
  
91  
00:02:53,570 --> 00:02:55,770  
那么如果光是用月币汤  
  
92  
00:02:56,540 --> 00:02:59,940  
你外头解了之后他还会继续小便自利  
  
93  
00:02:59,980 --> 00:03:02,580  
这个小便自立不是说的小便正常  
  
94  
00:03:03,020 --> 00:03:04,060  
而是小便过多  
  
95  
00:03:04,780 --> 00:03:07,100  
过多了之后，人的精液怎么了  
  
96  
00:03:07,260 --> 00:03:07,980  
多了还是少了  
  
97  
00:03:08,860 --> 00:03:09,860  
少了就没了  
  
98  
00:03:10,100 --> 00:03:12,780  
没了之后人会渴还是会不渴呢  
  
99  
00:03:13,100 --> 00:03:13,780  
一定会渴  
  
100  
00:03:14,060 --> 00:03:15,540  
但这个时候你用天花粉  
  
101  
00:03:15,540 --> 00:03:18,140  
用石石膏，都是力量不够的  
  
102  
00:03:18,340 --> 00:03:19,700  
不是资金液的问题  
  
103  
00:03:20,400 --> 00:03:24,470  
那么我们说善补阴阴者，必于阳中求阴  
  
104  
00:03:24,830 --> 00:03:25,710  
是不是这个道理啊  
  
105  
00:03:25,990 --> 00:03:26,950  
因此你该怎么办  
  
106  
00:03:27,430 --> 00:03:29,950  
用白猪以震内在之土  
  
107  
00:03:30,710 --> 00:03:31,590  
这大家明白了吧  
  
108  
00:03:31,870 --> 00:03:33,750  
那么土脾土就有啥作用啊  
  
109  
00:03:33,910 --> 00:03:34,870  
脾土能升清  
  
110  
00:03:35,600 --> 00:03:39,960  
就像是白虎加人参汤中白虎和人参汤的关系啊  
  
111  
00:03:40,240 --> 00:03:41,600  
那么人参就是往上去的  
  
112  
00:03:41,600 --> 00:03:43,080  
白虎是往下去的，对不对啊  
  
113  
00:03:43,350 --> 00:03:43,550  
唉  
  
114  
00:03:43,550 --> 00:03:45,310  
那么这个也是月壁汤  
  
115  
00:03:45,840 --> 00:03:50,000  
他在透散外在的水邪的时候，用白猪怎么样啊  
  
116  
00:03:50,240 --> 00:03:52,120  
把太阴的脾气把它起来  
  
117  
00:03:52,730 --> 00:03:55,250  
让你水汽不要往下走的那么狠  
  
118  
00:03:55,770 --> 00:03:56,850  
让它回转回来  
  
119  
00:03:57,010 --> 00:03:58,410  
这样的话，小便会变少  
  
120  
00:03:58,530 --> 00:04:01,390  
津液能留住口会不可啊  
  
121  
00:04:01,470 --> 00:04:03,390  
这个大家可能就就就明白了啊  
  
122  
00:04:03,910 --> 00:04:04,950  
那么我也希望呢  
  
123  
00:04:05,310 --> 00:04:07,070  
未来的课有各种问题啊  
  
124  
00:04:07,070 --> 00:04:08,110  
大家千万别抹不开  
  
125  
00:04:08,110 --> 00:04:09,350  
有啥问题及时提啊  
  
126  
00:04:09,550 --> 00:04:12,470  
那么这课因为我以后再讲可能也不太可能了啊  
  
127  
00:04:12,750 --> 00:04:15,950  
那我们尽量的把它这个做到能能力之内  
  
128  
00:04:15,950 --> 00:04:17,709  
让它更完完善一点啊  
  
129  
00:04:18,260 --> 00:04:18,540  
好  
  
130  
00:04:18,540 --> 00:04:19,660  
我们接着捋啊  
  
131  
00:04:21,100 --> 00:04:25,180  
18条我们讲到第六条了啊，呃  
  
132  
00:04:25,260 --> 00:04:28,860  
后头没那么多啊到第18条少了重点  
  
133  
00:04:28,860 --> 00:04:30,830  
前头几个条文长，呃  
  
134  
00:04:31,350 --> 00:04:34,270  
阜阳脉第六条，阜阳脉当夫  
  
135  
00:04:35,240 --> 00:04:36,720  
那为啥扶阳脉就荡妇  
  
136  
00:04:36,760 --> 00:04:38,120  
扶阳脉是应该当夫吗  
  
137  
00:04:38,520 --> 00:04:40,560  
不是，你要注重他的语境  
  
138  
00:04:41,000 --> 00:04:42,040  
现在是啥病  
  
139  
00:04:43,590 --> 00:04:44,230  
水气病  
  
140  
00:04:44,590 --> 00:04:46,430  
那么水气就是什么特点呀  
  
141  
00:04:46,870 --> 00:04:49,550  
水气，是不是这个脉本身就沉啊  
  
142  
00:04:50,030 --> 00:04:51,670  
尤其阜阳脉以猴为土  
  
143  
00:04:52,150 --> 00:04:54,350  
那么你想想本身胃里全是水  
  
144  
00:04:54,390 --> 00:04:55,830  
那它的脉一定是沉脉啊  
  
145  
00:04:55,830 --> 00:04:57,630  
所以叫伏阳当浮啊  
  
146  
00:04:57,630 --> 00:04:58,590  
讲这么个问题  
  
147  
00:04:58,970 --> 00:05:00,890  
今反紧那么没见着负相  
  
148  
00:05:01,050 --> 00:05:02,410  
反而见着啥相了呢  
  
149  
00:05:03,330 --> 00:05:07,250  
锦相，那么这种情况是啥问题啊  
  
150  
00:05:07,610 --> 00:05:09,930  
人家告诉你了，叫本自有寒  
  
151  
00:05:10,650 --> 00:05:10,850  
呃  
  
152  
00:05:11,290 --> 00:05:14,930  
遇到伤寒金匮条文中不懂的问题先不要急着看注解  
  
153  
00:05:14,970 --> 00:05:18,090  
你先找找仲景先师给没给你留没留工具  
  
154  
00:05:18,470 --> 00:05:22,990  
很可能旁边走两步道就是有一个工具箱，是这个道理吧  
  
155  
00:05:23,270 --> 00:05:25,750  
他告诉你了，说这个为啥紧是因为冷  
  
156  
00:05:26,630 --> 00:05:27,710  
而且本自有寒  
  
157  
00:05:28,110 --> 00:05:32,150  
约等于我们当归四逆汤说的内有九寒者  
  
158  
00:05:33,050 --> 00:05:33,250  
唉  
  
159  
00:05:33,370 --> 00:05:34,450  
甲午质升降是吧  
  
160  
00:05:34,450 --> 00:05:36,410  
他本来他这个人就就就好冷  
  
161  
00:05:36,710 --> 00:05:40,510  
那么这个时候阜阳脉本来应该是一个负相啊，才有水呢  
  
162  
00:05:40,510 --> 00:05:42,350  
是不是结果一摸阜阳脉特别紧  
  
163  
00:05:42,670 --> 00:05:43,470  
那么就证明一个问题  
  
164  
00:05:43,470 --> 00:05:44,150  
这个人有寒  
  
165  
00:05:44,910 --> 00:05:46,990  
那么所以说会出现问题  
  
166  
00:05:47,110 --> 00:05:48,190  
所以出现啥问题呢  
  
167  
00:05:48,710 --> 00:05:52,000  
疝甲腹中痛，那么为啥  
  
168  
00:05:52,480 --> 00:05:57,090  
因为他的那个阳气不能温煦脏腑  
  
169  
00:05:57,130 --> 00:05:57,650  
对不对啊  
  
170  
00:05:57,970 --> 00:06:00,690  
就造成了腹中的这个善甲腹痛  
  
171  
00:06:01,090 --> 00:06:02,610  
这个时候应该怎么治呢  
  
172  
00:06:04,660 --> 00:06:07,140  
应该用这个温散之法是不是啊  
  
173  
00:06:07,500 --> 00:06:08,180  
哎，温通  
  
174  
00:06:09,500 --> 00:06:12,410  
结果呃，医生弄反了  
  
175  
00:06:12,690 --> 00:06:13,890  
医生用了什么招呢  
  
176  
00:06:14,610 --> 00:06:15,410  
叫下肢  
  
177  
00:06:15,930 --> 00:06:16,530  
那你想想  
  
178  
00:06:16,570 --> 00:06:19,010  
本来应该温的时候，你用了戊下  
  
179  
00:06:19,900 --> 00:06:22,420  
那么一定会造成阳气内陷吧  
  
180  
00:06:23,460 --> 00:06:23,700  
呃  
  
181  
00:06:25,020 --> 00:06:29,180  
伤寒论大家还记得第21条，太阳病下之后  
  
182  
00:06:29,180 --> 00:06:32,370  
脉促胸满者，桂枝去芍药汤主治  
  
183  
00:06:32,770 --> 00:06:33,970  
那不就变成这个了吗  
  
184  
00:06:33,970 --> 00:06:34,290  
对吧  
  
185  
00:06:34,770 --> 00:06:34,970  
哎  
  
186  
00:06:35,010 --> 00:06:36,890  
那么戊下之后，胸满短气  
  
187  
00:06:37,770 --> 00:06:38,050  
呃  
  
188  
00:06:39,030 --> 00:06:41,950  
第七条，阜阳麦当夫  
  
189  
00:06:44,280 --> 00:06:45,920  
那么阜阳脉应该是负向，哎  
  
190  
00:06:45,960 --> 00:06:47,840  
这个不是见锦项，见朔相  
  
191  
00:06:48,240 --> 00:06:48,960  
那么朔项  
  
192  
00:06:49,080 --> 00:06:51,200  
那么我们以此类推仅是为寒  
  
193  
00:06:51,590 --> 00:06:52,710  
那么硕士为啥呀  
  
194  
00:06:53,070 --> 00:06:53,910  
硕就为热呗  
  
195  
00:06:54,270 --> 00:06:56,070  
那为热之后，呃  
  
196  
00:06:57,120 --> 00:06:59,600  
那么削骨小便怎么样呢  
  
197  
00:07:00,160 --> 00:07:02,000  
朔呃  
  
198  
00:07:03,530 --> 00:07:07,990  
今反不利就是这个时候他实际上这块有个难点啊  
  
199  
00:07:08,390 --> 00:07:10,110  
就是说不是削骨小变数  
  
200  
00:07:10,390 --> 00:07:13,110  
他说的是应该小变数，大家听明白没有  
  
201  
00:07:13,510 --> 00:07:14,670  
因为你本身有热嘛  
  
202  
00:07:15,390 --> 00:07:19,550  
有热之后咱们讲小便应该啥样  
  
203  
00:07:20,330 --> 00:07:22,450  
应该小便当硕啊  
  
204  
00:07:23,090 --> 00:07:24,450  
呃，结果小便呢  
  
205  
00:07:24,970 --> 00:07:25,490  
没硕  
  
206  
00:07:26,750 --> 00:07:28,510  
那就说明有水，小便还不通  
  
207  
00:07:28,870 --> 00:07:30,110  
那么会造成啥问题呢  
  
208  
00:07:30,670 --> 00:07:31,350  
你猜呀  
  
209  
00:07:32,610 --> 00:07:34,210  
那就水就蓄起来了呗  
  
210  
00:07:34,810 --> 00:07:35,970  
哎，这个大家明白了吧  
  
211  
00:07:36,330 --> 00:07:38,610  
小便当硕，今反不利那是啥原因  
  
212  
00:07:38,650 --> 00:07:40,890  
因为有热浴，热浴在里  
  
213  
00:07:41,330 --> 00:07:43,930  
那么热浴之后水也必然遇住了水  
  
214  
00:07:43,930 --> 00:07:45,090  
遇住之后就怎么样了  
  
215  
00:07:45,650 --> 00:07:46,450  
就水肿了啊  
  
216  
00:07:46,850 --> 00:07:48,980  
说这个问题好  
  
217  
00:07:49,020 --> 00:07:50,300  
第八条，往下看  
  
218  
00:07:51,170 --> 00:07:53,050  
寸口脉浮而迟  
  
219  
00:07:53,610 --> 00:07:57,850  
那么这块又出现一个特别好玩但是又特别难的一段啊  
  
220  
00:07:58,410 --> 00:08:00,440  
这个第八条特别难，呃  
  
221  
00:08:00,440 --> 00:08:01,680  
他讲的什么问题呢  
  
222  
00:08:02,000 --> 00:08:04,000  
寸口脉啊，浮而迟  
  
223  
00:08:05,360 --> 00:08:10,000  
那又是一个贱卖，浮就是轻取则有重按则则空是吧  
  
224  
00:08:10,240 --> 00:08:11,560  
哎，重按则则弱啊  
  
225  
00:08:11,560 --> 00:08:14,160  
他不能空，空就是那个那个就无根了  
  
226  
00:08:14,740 --> 00:08:14,940  
呃  
  
227  
00:08:15,340 --> 00:08:16,380  
但迟呢  
  
228  
00:08:17,020 --> 00:08:21,140  
则是这个麦来比较迟缓啊  
  
229  
00:08:21,260 --> 00:08:24,340  
呼吸定息脉四至以下啊  
  
230  
00:08:24,700 --> 00:08:26,900  
为之持相那么  
  
231  
00:08:28,590 --> 00:08:29,950  
脉浮则热啊  
  
232  
00:08:29,950 --> 00:08:30,990  
这块为啥乱呢  
  
233  
00:08:30,990 --> 00:08:31,750  
乱就乱在这  
  
234  
00:08:32,070 --> 00:08:34,909  
脉浮则热，这个很好解释  
  
235  
00:08:35,030 --> 00:08:36,230  
那么热指的是什么  
  
236  
00:08:36,230 --> 00:08:38,429  
有有有表邪有热是不是啊  
  
237  
00:08:39,150 --> 00:08:40,350  
脉迟则潜  
  
238  
00:08:41,610 --> 00:08:44,450  
那很多人看到这个之后就在想  
  
239  
00:08:44,530 --> 00:08:46,450  
那钱指的就是下潜的意思  
  
240  
00:08:46,450 --> 00:08:48,090  
说的是不是脉象沉下去了  
  
241  
00:08:48,810 --> 00:08:51,530  
一想又不是，为啥不是呢  
  
242  
00:08:51,930 --> 00:08:54,090  
因为他叫卖符是吧  
  
243  
00:08:54,650 --> 00:08:55,690  
那你就没法弄了  
  
244  
00:08:56,330 --> 00:08:58,370  
呃，所以这个钱是啥意思啊  
  
245  
00:08:58,410 --> 00:08:59,050  
在这呢  
  
246  
00:09:00,080 --> 00:09:04,440  
我给你讲一下，还是像刚才破解那个那一条啊  
  
247  
00:09:05,000 --> 00:09:07,400  
那个那个那个风和气，是是是  
  
248  
00:09:08,170 --> 00:09:10,530  
给你破解一下，这个钱指的是什么  
  
249  
00:09:10,690 --> 00:09:11,730  
指的是精气  
  
250  
00:09:12,640 --> 00:09:14,320  
为啥我们说离不开精气神呢  
  
251  
00:09:14,320 --> 00:09:14,920  
明白了吧  
  
252  
00:09:15,640 --> 00:09:16,760  
精气怎么样啊  
  
253  
00:09:17,360 --> 00:09:19,860  
钱而不用，这大家明白了没有  
  
254  
00:09:20,140 --> 00:09:21,140  
那么就是很简单  
  
255  
00:09:21,140 --> 00:09:22,500  
这人经过了物质之后  
  
256  
00:09:22,940 --> 00:09:24,980  
人的精气是会自己藏起来的  
  
257  
00:09:25,510 --> 00:09:26,070  
为啥呀  
  
258  
00:09:26,470 --> 00:09:27,630  
不藏它就没了  
  
259  
00:09:27,630 --> 00:09:28,350  
是这道理吧  
  
260  
00:09:28,790 --> 00:09:28,990  
哎  
  
261  
00:09:28,990 --> 00:09:31,310  
经历一顿折腾之后，它自己会缩回去  
  
262  
00:09:31,310 --> 00:09:32,900  
他自己知道藏啊  
  
263  
00:09:32,980 --> 00:09:35,340  
那比比比比人聪明多了  
  
264  
00:09:35,340 --> 00:09:37,750  
我想人自己的本能啊  
  
265  
00:09:38,150 --> 00:09:39,030  
那么藏起来了  
  
266  
00:09:39,270 --> 00:09:40,270  
所以这种钱呢  
  
267  
00:09:40,270 --> 00:09:41,230  
实际在古代啊  
  
268  
00:09:41,630 --> 00:09:43,150  
你用这个理解就简单了  
  
269  
00:09:43,390 --> 00:09:47,350  
易经有原文初九怎么说呀  
  
270  
00:09:48,110 --> 00:09:48,310  
哎  
  
271  
00:09:48,470 --> 00:09:50,630  
潜龙勿用这个你就明白了吧  
  
272  
00:09:51,470 --> 00:09:55,590  
就是说的这个事潜龙勿用，那么未在初九  
  
273  
00:09:56,070 --> 00:09:58,590  
所以说潜潜下去了  
  
274  
00:09:59,650 --> 00:10:01,170  
那么是不是这样的理解呢  
  
275  
00:10:01,690 --> 00:10:05,250  
你看呢，名曰什么条文  
  
276  
00:10:06,720 --> 00:10:11,560  
热潜相传这个热和这种下潜的病机相团之后  
  
277  
00:10:11,920 --> 00:10:13,080  
它就起个什么名啊  
  
278  
00:10:13,510 --> 00:10:14,430  
起个名叫陈  
  
279  
00:10:14,790 --> 00:10:15,630  
大家明白了吧  
  
280  
00:10:16,410 --> 00:10:19,610  
哎，这个讲的是有外邪加上精气呢  
  
281  
00:10:20,130 --> 00:10:21,690  
还不足精气藏起来了  
  
282  
00:10:22,370 --> 00:10:26,270  
这个就叫热钱相团  
  
283  
00:10:26,870 --> 00:10:27,670  
名曰辰  
  
284  
00:10:27,990 --> 00:10:28,790  
大家明白了吧  
  
285  
00:10:29,430 --> 00:10:29,630  
哎  
  
286  
00:10:29,670 --> 00:10:30,150  
名曰尘  
  
287  
00:10:30,470 --> 00:10:32,030  
所以这个辰说的是啥呀  
  
288  
00:10:32,620 --> 00:10:33,820  
说的不是脉象  
  
289  
00:10:34,020 --> 00:10:35,180  
因为脉现在是啥脉  
  
290  
00:10:36,340 --> 00:10:37,380  
脉是浮脉  
  
291  
00:10:39,140 --> 00:10:40,060  
麦现在是浮脉  
  
292  
00:10:40,780 --> 00:10:42,140  
这个陈说的是什么  
  
293  
00:10:42,140 --> 00:10:43,220  
我打一个比方啊  
  
294  
00:10:43,780 --> 00:10:46,220  
今年呢，是我们党建党100周年  
  
295  
00:10:47,200 --> 00:10:47,400  
哎  
  
296  
00:10:47,920 --> 00:10:48,840  
那么我们讲啊  
  
297  
00:10:48,920 --> 00:10:51,470  
当年呢，这个我们知道  
  
298  
00:10:51,870 --> 00:10:52,070  
呃  
  
299  
00:10:52,270 --> 00:10:54,790  
有从苏联回来的专家，当时建议  
  
300  
00:10:55,590 --> 00:11:00,170  
呃，这个这个共产党说你应该围攻大城市对吧  
  
301  
00:11:00,490 --> 00:11:01,170  
模仿苏联  
  
302  
00:11:01,570 --> 00:11:03,010  
但是毛主席呢  
  
303  
00:11:03,710 --> 00:11:06,830  
呃，提出一个建议说干脆咱们这么办  
  
304  
00:11:06,830 --> 00:11:08,750  
农村包围城市，咱别那么打  
  
305  
00:11:09,070 --> 00:11:10,790  
那最后你看谁赢了是吧  
  
306  
00:11:10,790 --> 00:11:11,910  
谁赢了谁有道理  
  
307  
00:11:12,230 --> 00:11:16,630  
那么毛主席用的手法就是这个，叫热钱相团  
  
308  
00:11:16,750 --> 00:11:17,390  
名曰尘  
  
309  
00:11:17,950 --> 00:11:18,470  
什么意思  
  
310  
00:11:18,510 --> 00:11:20,110  
藏起来大家明白了没有  
  
311  
00:11:20,550 --> 00:11:23,220  
热指的是外邪，钱说的是啥  
  
312  
00:11:23,420 --> 00:11:24,540  
初九潜龙勿用  
  
313  
00:11:24,540 --> 00:11:25,780  
因为你现在精气不足  
  
314  
00:11:26,020 --> 00:11:27,380  
不足的时候你就该怎么办  
  
315  
00:11:28,090 --> 00:11:29,730  
你正气就不能出去打邪气  
  
316  
00:11:30,170 --> 00:11:33,080  
我们这儿经常有一些患者来了，那个病很重  
  
317  
00:11:33,280 --> 00:11:34,880  
非常迫切的跟我说说  
  
318  
00:11:34,880 --> 00:11:37,800  
你看我家老人，你啥时候能给我出大招啊  
  
319  
00:11:38,400 --> 00:11:42,280  
我当时就一般我都会跟他聊一会儿  
  
320  
00:11:42,440 --> 00:11:44,240  
我说这种情况你别着急  
  
321  
00:11:44,680 --> 00:11:47,520  
你期待那个大招我会用，但我不能给你用  
  
322  
00:11:47,720 --> 00:11:49,080  
因为现在不是时候  
  
323  
00:11:49,360 --> 00:11:51,750  
有可能用了之后，病没好  
  
324  
00:11:51,750 --> 00:11:52,470  
人也没了  
  
325  
00:11:53,110 --> 00:11:55,030  
很有可能出现这个问题，对不对啊  
  
326  
00:11:55,230 --> 00:11:56,310  
那么这时候该怎么办  
  
327  
00:11:56,750 --> 00:11:58,390  
潜龙勿用，名曰辰  
  
328  
00:11:58,910 --> 00:12:01,430  
你应该沉在我们说六个爻位  
  
329  
00:12:01,430 --> 00:12:02,790  
你应该在第一个爻位上  
  
330  
00:12:03,310 --> 00:12:05,270  
你不要上来在底下待着啊  
  
331  
00:12:05,310 --> 00:12:06,030  
在底下待着  
  
332  
00:12:06,270 --> 00:12:07,310  
这个说的是病机  
  
333  
00:12:07,780 --> 00:12:09,460  
以精气神为眼目的时候  
  
334  
00:12:09,460 --> 00:12:10,860  
你看这句话你就看懂了  
  
335  
00:12:11,580 --> 00:12:14,300  
但是你以脉法为眼目看这句话，越看越乱  
  
336  
00:12:14,590 --> 00:12:15,630  
干脆最后就不看了  
  
337  
00:12:15,630 --> 00:12:17,910  
我们中医里头有很多条文，不是看不懂  
  
338  
00:12:17,910 --> 00:12:19,830  
是我们看来看去不看了，为啥不看了  
  
339  
00:12:19,830 --> 00:12:21,650  
因为乱，那为啥乱  
  
340  
00:12:21,650 --> 00:12:24,210  
因为你没搞清楚这条说的主人是谁  
  
341  
00:12:24,860 --> 00:12:27,300  
你以精气为视角，你看这一条  
  
342  
00:12:27,620 --> 00:12:29,060  
那么他的钱你就懂了  
  
343  
00:12:29,360 --> 00:12:30,200  
钱说的是什么  
  
344  
00:12:30,520 --> 00:12:32,320  
外头有这个卖浮的热邪  
  
345  
00:12:32,480 --> 00:12:33,400  
这是外邪对不对  
  
346  
00:12:33,720 --> 00:12:36,100  
那我们自己经济现在什么样，迟  
  
347  
00:12:36,580 --> 00:12:39,020  
精气不足，外头有邪气我精气也不足  
  
348  
00:12:39,020 --> 00:12:41,380  
我精气只能选择一个事藏起来  
  
349  
00:12:42,730 --> 00:12:44,410  
潜龙勿用，大家明白了吧  
  
350  
00:12:44,690 --> 00:12:46,610  
这种现象被我们称为沉  
  
351  
00:12:46,890 --> 00:12:48,490  
他说的不是脉象，是现象  
  
352  
00:12:49,170 --> 00:12:49,770  
大家懂了吧  
  
353  
00:12:50,410 --> 00:12:50,690  
哎  
  
354  
00:12:52,780 --> 00:13:00,220  
那么后头又讲了阜阳脉浮数额福呢  
  
355  
00:13:02,250 --> 00:13:05,250  
额，浮脉即热啊这这个也很简单啊  
  
356  
00:13:05,810 --> 00:13:09,010  
朔脉啊这块说了一个问题叫朔脉是什么呢  
  
357  
00:13:09,560 --> 00:13:11,680  
即止，那这个止说的是什么  
  
358  
00:13:12,510 --> 00:13:13,910  
广运是这么讲的  
  
359  
00:13:14,190 --> 00:13:16,590  
指停也惜，也就停息的意思  
  
360  
00:13:16,910 --> 00:13:19,310  
那这个停西说的是谁呢  
  
361  
00:13:20,080 --> 00:13:21,640  
呃，我个人理解啊  
  
362  
00:13:21,680 --> 00:13:25,990  
我个人的理解这个就就不一定很很正确啊，呃  
  
363  
00:13:26,030 --> 00:13:26,950  
从我的角度看  
  
364  
00:13:27,550 --> 00:13:31,330  
我觉得他这个纸啊  
  
365  
00:13:31,530 --> 00:13:34,690  
他这个指，呃说的是营卫  
  
366  
00:13:35,290 --> 00:13:39,500  
而且相对来说更偏于营啊  
  
367  
00:13:39,500 --> 00:13:40,340  
为啥这么说  
  
368  
00:13:40,940 --> 00:13:44,540  
你要是按脉来说，那这个值你解释不通  
  
369  
00:13:45,300 --> 00:13:46,300  
大家看懂了没有  
  
370  
00:13:46,920 --> 00:13:49,080  
你按脉来说那止就是停止的意思吧  
  
371  
00:13:49,920 --> 00:13:51,680  
那么停止为啥会有弱项呢  
  
372  
00:13:52,360 --> 00:13:53,280  
它俩是不是相反  
  
373  
00:13:54,700 --> 00:13:58,690  
他说的是人很硕之后，外头有邪气  
  
374  
00:13:58,690 --> 00:13:59,010  
对吧  
  
375  
00:13:59,090 --> 00:14:00,050  
伏伏即热  
  
376  
00:14:00,410 --> 00:14:03,010  
然后呢，朔就说了一个问题  
  
377  
00:14:03,490 --> 00:14:06,220  
这个营气不行，它不能啊  
  
378  
00:14:06,580 --> 00:14:08,900  
涵养胃气，营营痿  
  
379  
00:14:09,860 --> 00:14:13,620  
气行停滞，营不能涵养胃气的时候  
  
380  
00:14:14,100 --> 00:14:15,100  
营气不得行  
  
381  
00:14:16,010 --> 00:14:16,210  
哎  
  
382  
00:14:16,250 --> 00:14:20,450  
那么他说的是只是营气之止啊，则见脉数  
  
383  
00:14:20,770 --> 00:14:23,130  
那么又有外邪营气又不周流  
  
384  
00:14:24,000 --> 00:14:25,040  
那么则曰夫  
  
385  
00:14:26,640 --> 00:14:29,200  
那么我们回头把他俩总结起来  
  
386  
00:14:29,950 --> 00:14:31,550  
有外邪精气不足  
  
387  
00:14:31,830 --> 00:14:35,670  
有外邪营气又不周流这两种现象的重叠  
  
388  
00:14:36,150 --> 00:14:36,910  
名曰什么  
  
389  
00:14:39,330 --> 00:14:40,010  
名曰水  
  
390  
00:14:41,610 --> 00:14:41,810  
唉  
  
391  
00:14:42,210 --> 00:14:43,890  
那么说明一个问题  
  
392  
00:14:44,050 --> 00:14:45,210  
气化转不动了  
  
393  
00:14:45,870 --> 00:14:46,910  
精气不足了吧  
  
394  
00:14:47,550 --> 00:14:50,030  
无论是精气还是营气都不流通了  
  
395  
00:14:50,390 --> 00:14:53,150  
那么精气是人的精气神是人的元气  
  
396  
00:14:53,960 --> 00:14:55,080  
营气是什么呢  
  
397  
00:14:55,280 --> 00:14:58,760  
我们这重点说的是人的，叫什么  
  
398  
00:14:58,760 --> 00:15:00,400  
叫就营气  
  
399  
00:15:00,400 --> 00:15:01,800  
也包括了营阴  
  
400  
00:15:02,480 --> 00:15:07,200  
包括了统社在内的津液，津液都都不足  
  
401  
00:15:07,480 --> 00:15:09,200  
那么就回归到一个问题啊  
  
402  
00:15:09,200 --> 00:15:12,040  
这跟我们的这个病就关系息息相关  
  
403  
00:15:12,440 --> 00:15:14,280  
那么我问你们大家一个问题  
  
404  
00:15:14,590 --> 00:15:16,430  
水肿病的病人津液足不足  
  
405  
00:15:18,110 --> 00:15:20,190  
那全身都是水津液能不足吗  
  
406  
00:15:22,580 --> 00:15:24,140  
大家看来还很聪明  
  
407  
00:15:24,140 --> 00:15:25,580  
没被我绕过，绕进去  
  
408  
00:15:26,340 --> 00:15:28,060  
水肿病的人津液不足  
  
409  
00:15:29,320 --> 00:15:30,320  
明白这个道理了吧  
  
410  
00:15:30,720 --> 00:15:35,480  
就像是一个我们讲一个腐败的国家  
  
411  
00:15:35,840 --> 00:15:37,000  
老百姓有没有钱  
  
412  
00:15:37,740 --> 00:15:42,660  
我们我们这个可能比较极端的那个案例啊  
  
413  
00:15:43,060 --> 00:15:45,750  
一个苛政暴政腐败的那个  
  
414  
00:15:45,750 --> 00:15:47,470  
那个国家老百姓有没有钱  
  
415  
00:15:47,510 --> 00:15:49,910  
他很有可能是没有啊  
  
416  
00:15:50,450 --> 00:15:50,650  
呃  
  
417  
00:15:50,690 --> 00:15:53,410  
钱呢，可能是聚敛在极少数人的手中  
  
418  
00:15:53,410 --> 00:15:54,490  
我们讲这个道理啊  
  
419  
00:15:54,810 --> 00:15:55,010  
呃  
  
420  
00:15:55,170 --> 00:15:56,050  
同样这个道理  
  
421  
00:15:56,290 --> 00:16:01,610  
现在就是人正常用来维系人正常生命的营气和营因  
  
422  
00:16:01,610 --> 00:16:03,050  
津液都没有了  
  
423  
00:16:03,330 --> 00:16:05,530  
而且他用了一个词叫止止  
  
424  
00:16:05,530 --> 00:16:07,770  
就是停止的意思就是没有经验了  
  
425  
00:16:07,770 --> 00:16:09,050  
那发不出来工资了，对吧  
  
426  
00:16:09,290 --> 00:16:10,810  
公务员想开支开不出来了  
  
427  
00:16:11,490 --> 00:16:11,690  
唉  
  
428  
00:16:11,930 --> 00:16:12,730  
但是周深呢  
  
429  
00:16:12,930 --> 00:16:13,570  
都是水印  
  
430  
00:16:14,850 --> 00:16:15,650  
精气很弱  
  
431  
00:16:16,050 --> 00:16:17,550  
水饮很盛啊  
  
432  
00:16:17,550 --> 00:16:20,990  
这个大家可能对水肿病的这个感觉就出来了吧  
  
433  
00:16:21,280 --> 00:16:21,480  
哎  
  
434  
00:16:21,480 --> 00:16:22,200  
所以该怎么办  
  
435  
00:16:22,440 --> 00:16:24,720  
把多余的水印给他透掉  
  
436  
00:16:24,920 --> 00:16:26,640  
那目的不是透掉，目的是什么  
  
437  
00:16:26,920 --> 00:16:30,540  
能给你正常的营伟和今夜一个生存的空间  
  
438  
00:16:30,760 --> 00:16:32,240  
让他能够强大起来啊  
  
439  
00:16:32,240 --> 00:16:33,480  
能把他培养起来  
  
440  
00:16:33,800 --> 00:16:36,240  
那么就是看病的时候你一定要有有来龙，有去路  
  
441  
00:16:36,320 --> 00:16:38,320  
懂得精气神在在在哪啊  
  
442  
00:16:40,460 --> 00:16:42,580  
呃，名曰夫啊  
  
443  
00:16:42,660 --> 00:16:47,270  
那么辰夫相搏，名曰水后头又讲一个问题  
  
444  
00:16:47,750 --> 00:16:48,670  
沉则什么呢  
  
445  
00:16:48,870 --> 00:16:51,630  
络脉虚敷则小便难啊  
  
446  
00:16:52,240 --> 00:16:54,760  
那么如果是沉的话啊  
  
447  
00:16:55,040 --> 00:16:56,320  
那就讲刚才那个问题  
  
448  
00:16:56,320 --> 00:16:57,080  
精气不足  
  
449  
00:16:57,600 --> 00:16:59,160  
那么精气不足之后啊  
  
450  
00:16:59,700 --> 00:17:02,220  
那么我们讲人有经脉，有络脉是不是啊  
  
451  
00:17:02,580 --> 00:17:04,380  
那么经脉为人体之主脉  
  
452  
00:17:04,740 --> 00:17:05,660  
络脉是啥呀  
  
453  
00:17:06,230 --> 00:17:07,990  
精气之旁支啊  
  
454  
00:17:08,030 --> 00:17:08,829  
主脉之旁支  
  
455  
00:17:09,150 --> 00:17:11,270  
那么你想想，他在精气很亏虚的时候  
  
456  
00:17:12,050 --> 00:17:13,250  
他主干都不够用  
  
457  
00:17:13,569 --> 00:17:14,609  
他络脉能有吗  
  
458  
00:17:15,329 --> 00:17:16,130  
所以络脉虚  
  
459  
00:17:16,569 --> 00:17:18,250  
那么什么叫负责小便难  
  
460  
00:17:18,800 --> 00:17:22,240  
我们讲水肿病的患者会不会小便特别通畅  
  
461  
00:17:23,140 --> 00:17:25,220  
有没有也有一会我们讲啊  
  
462  
00:17:25,619 --> 00:17:28,540  
那个心水病的人，小便是相对能好一些的  
  
463  
00:17:28,780 --> 00:17:30,220  
那么其他水病的人呢  
  
464  
00:17:31,070 --> 00:17:32,310  
小便就就很难  
  
465  
00:17:32,310 --> 00:17:32,590  
为啥  
  
466  
00:17:32,590 --> 00:17:34,430  
因为心为君主，心不受邪啊  
  
467  
00:17:34,590 --> 00:17:35,950  
就讲这个道理啊  
  
468  
00:17:35,950 --> 00:17:38,400  
唯独是君主，你做了阶下囚  
  
469  
00:17:38,440 --> 00:17:39,640  
你待遇能好一点  
  
470  
00:17:39,960 --> 00:17:42,290  
每天可能还有四菜一汤哈  
  
471  
00:17:42,570 --> 00:17:44,250  
那别人就都没有了啊  
  
472  
00:17:44,250 --> 00:17:45,050  
就就说白了  
  
473  
00:17:45,050 --> 00:17:47,930  
你就强活着，对付着就行了啊  
  
474  
00:17:47,930 --> 00:17:49,090  
待遇是不一样的  
  
475  
00:17:49,420 --> 00:17:50,500  
因此我们讲呢  
  
476  
00:17:51,540 --> 00:17:54,700  
这个水肿病，如果你的小便能很同理  
  
477  
00:17:54,780 --> 00:17:55,940  
它还有水肿病吗  
  
478  
00:17:56,890 --> 00:17:57,250  
是吧  
  
479  
00:17:57,450 --> 00:17:58,370  
它就不存在了啊  
  
480  
00:17:58,730 --> 00:17:59,650  
那就有去路了  
  
481  
00:17:59,890 --> 00:18:01,170  
所以说敷则小便难  
  
482  
00:18:01,170 --> 00:18:02,370  
它代表的是敷  
  
483  
00:18:02,410 --> 00:18:04,650  
就是我刚才讲的迎音停止，对不对啊  
  
484  
00:18:04,940 --> 00:18:08,500  
人的营气和津液，它的正常代谢停止停止之后  
  
485  
00:18:08,780 --> 00:18:10,500  
那么他小便就没有了  
  
486  
00:18:10,740 --> 00:18:11,540  
小便就没有了  
  
487  
00:18:11,980 --> 00:18:13,300  
那么这两种情况  
  
488  
00:18:14,040 --> 00:18:17,320  
精气的不足和营气的不足相搏  
  
489  
00:18:18,010 --> 00:18:22,410  
那么造成了有鱼的水液走于皮肤，即为水液  
  
490  
00:18:22,970 --> 00:18:24,290  
所以我读到这之后呢  
  
491  
00:18:24,290 --> 00:18:25,250  
我的感悟啊  
  
492  
00:18:26,150 --> 00:18:28,030  
我没有觉得说哎呀  
  
493  
00:18:28,030 --> 00:18:30,590  
老先师这个这个事为啥翻来覆去的讲呢  
  
494  
00:18:31,260 --> 00:18:34,860  
其实我我的感觉是老仙师特别慈悲  
  
495  
00:18:35,260 --> 00:18:36,420  
慈悲到啥程度啊  
  
496  
00:18:36,940 --> 00:18:39,480  
就怕我们不会是不是啊  
  
497  
00:18:40,080 --> 00:18:42,720  
正过来说一遍反过来再说一遍  
  
498  
00:18:43,340 --> 00:18:43,620  
唉  
  
499  
00:18:43,660 --> 00:18:45,980  
还怕你不会从上说一遍  
  
500  
00:18:46,020 --> 00:18:47,420  
从下头再说一遍啊  
  
501  
00:18:47,930 --> 00:18:49,450  
从里边说完，从外面说  
  
502  
00:18:49,770 --> 00:18:51,850  
翻来覆去不同角度说一件事  
  
503  
00:18:52,010 --> 00:18:54,210  
也印证了我一开始是说那个问题  
  
504  
00:18:54,210 --> 00:18:58,130  
其实这个篇目第一条已经把所有问题都讲清了  
  
505  
00:18:58,810 --> 00:19:00,490  
但是如果我们能直接理解  
  
506  
00:19:01,140 --> 00:19:02,540  
那就不用写后面的内容  
  
507  
00:19:02,660 --> 00:19:04,540  
正因为我们不理解，不会用  
  
508  
00:19:04,780 --> 00:19:05,420  
解决不了  
  
509  
00:19:05,580 --> 00:19:08,740  
所以后头一步一步次第展开，是这个道理吧  
  
510  
00:19:09,060 --> 00:19:13,030  
因此很多人质疑说金匮要略呢，是后世所整编  
  
511  
00:19:13,350 --> 00:19:16,590  
认为他的文章的内在结构是有问题的  
  
512  
00:19:16,990 --> 00:19:20,470  
在这一点上，我不能敢说它没问题  
  
513  
00:19:20,710 --> 00:19:21,990  
但是至少够用了  
  
514  
00:19:21,990 --> 00:19:22,910  
同学们，哎  
  
515  
00:19:22,910 --> 00:19:24,590  
这个绝对够我们用了啊  
  
516  
00:19:26,730 --> 00:19:27,770  
好第九条  
  
517  
00:19:29,770 --> 00:19:32,050  
寸口脉弦而紧  
  
518  
00:19:34,540 --> 00:19:36,860  
那么咸则胃气不行及恶寒  
  
519  
00:19:37,620 --> 00:19:39,620  
呃水不沾流走于长间  
  
520  
00:19:41,590 --> 00:19:45,550  
那么呃，贤则沐浴对吧  
  
521  
00:19:46,070 --> 00:19:46,910  
木齐备遇  
  
522  
00:19:47,930 --> 00:19:51,170  
呃木气未愈，不能这个生气  
  
523  
00:19:51,530 --> 00:19:54,460  
阳气不能温煦呃泽武函  
  
524  
00:19:56,540 --> 00:19:58,460  
嗯，什么叫水不沾流呢  
  
525  
00:19:58,980 --> 00:20:00,220  
那么就是精液呢  
  
526  
00:20:00,260 --> 00:20:02,220  
不津液不能正常的气化  
  
527  
00:20:04,400 --> 00:20:08,920  
那么只能屈下走于肠道少阴脉  
  
528  
00:20:09,040 --> 00:20:13,520  
那这个说的是主要说的是呃足太息啊  
  
529  
00:20:13,560 --> 00:20:17,280  
太息动脉呃紧而沉  
  
530  
00:20:18,200 --> 00:20:19,280  
那么紧则为痛  
  
531  
00:20:20,080 --> 00:20:20,960  
沉则为水  
  
532  
00:20:22,940 --> 00:20:26,380  
哎，小便极难第十条  
  
533  
00:20:29,380 --> 00:20:32,500  
脉得诸沉，当则有水身体肿重  
  
534  
00:20:33,860 --> 00:20:39,780  
水病脉出者死这块说的是一个脉证不符的问题  
  
535  
00:20:41,530 --> 00:20:43,730  
因为本身啊，水气之病  
  
536  
00:20:43,730 --> 00:20:45,170  
水主北方壬癸之象嘛  
  
537  
00:20:45,170 --> 00:20:45,450  
对吧  
  
538  
00:20:46,090 --> 00:20:48,730  
春弦夏洪、秋毛、冬时，它应该是一个脉  
  
539  
00:20:48,730 --> 00:20:50,450  
应该是一个实像  
  
540  
00:20:50,730 --> 00:20:52,090  
这个石是石头的石啊  
  
541  
00:20:52,090 --> 00:20:52,890  
不是虚实的石  
  
542  
00:20:53,330 --> 00:20:54,250  
那么就是一个辰像  
  
543  
00:20:55,250 --> 00:20:56,090  
但是呢  
  
544  
00:20:57,770 --> 00:20:57,970  
嗯  
  
545  
00:20:59,690 --> 00:21:02,730  
这个位置啊  
  
546  
00:21:04,130 --> 00:21:05,450  
出现了一个反脉  
  
547  
00:21:06,490 --> 00:21:09,090  
脉出，明明是应该一个丞相  
  
548  
00:21:09,130 --> 00:21:10,970  
结果卖出来了，证明一个问题  
  
549  
00:21:12,310 --> 00:21:13,270  
证明啥问题啊  
  
550  
00:21:15,260 --> 00:21:18,260  
那么阴阳离绝了，脉没根了吧  
  
551  
00:21:18,740 --> 00:21:20,540  
这个我们通常叫脉证不腐  
  
552  
00:21:21,710 --> 00:21:22,150  
哎呀  
  
553  
00:21:22,990 --> 00:21:26,910  
阴病见阳脉啊，这这这这这个就就出问题了  
  
554  
00:21:29,780 --> 00:21:34,460  
嗯，下头夫人病水木下有卧蚕  
  
555  
00:21:37,060 --> 00:21:39,700  
面目先泽这个讲的跟前头那个是一样  
  
556  
00:21:40,100 --> 00:21:42,140  
呃，就说这个人的目下呀  
  
557  
00:21:42,140 --> 00:21:46,300  
其实就是下眼睑像趴着一只蚕宝宝似的是吧  
  
558  
00:21:46,780 --> 00:21:46,980  
哎  
  
559  
00:21:47,020 --> 00:21:48,850  
鼓起来了啊，呃  
  
560  
00:21:49,210 --> 00:21:49,930  
而且呢  
  
561  
00:21:50,010 --> 00:21:51,810  
面目仙泽说的是什么你  
  
562  
00:21:51,810 --> 00:21:53,410  
你看这词像好词啊  
  
563  
00:21:54,070 --> 00:21:56,830  
那鲜亮润泽，你看见你觉得很恐怖  
  
564  
00:21:57,310 --> 00:21:58,750  
皮肤锃锃起来的  
  
565  
00:21:59,410 --> 00:21:59,610  
哎  
  
566  
00:21:59,610 --> 00:22:03,930  
我不知道南方这个这个铜仁能不能听懂，啥叫赠起来  
  
567  
00:22:04,650 --> 00:22:05,170  
呃，对  
  
568  
00:22:05,490 --> 00:22:08,210  
咱们福建同学听不懂是不是  
  
569  
00:22:08,650 --> 00:22:08,930  
哎  
  
570  
00:22:08,930 --> 00:22:12,810  
那那那我讲一下，就是就像充了气一样  
  
571  
00:22:12,810 --> 00:22:13,290  
呵  
  
572  
00:22:13,900 --> 00:22:15,180  
像充气了一样，对吧  
  
573  
00:22:15,780 --> 00:22:16,900  
哎，很很恐怖啊  
  
574  
00:22:16,900 --> 00:22:19,460  
那那那那那个那个很很鲜亮  
  
575  
00:22:19,740 --> 00:22:20,660  
那么是因为啥呀  
  
576  
00:22:20,660 --> 00:22:21,700  
因为有水汽啊  
  
577  
00:22:21,780 --> 00:22:24,410  
因为有水汽麦麸  
  
578  
00:22:25,080 --> 00:22:27,040  
那么这个时候有水汽之后那脉摸不着  
  
579  
00:22:27,760 --> 00:22:30,200  
呃，那么以此推知这个呢  
  
580  
00:22:30,800 --> 00:22:31,760  
属于什么呢  
  
581  
00:22:31,760 --> 00:22:33,120  
正水时水之类  
  
582  
00:22:38,940 --> 00:22:39,620  
其人消渴  
  
583  
00:22:40,660 --> 00:22:41,780  
呃，为啥消渴呢  
  
584  
00:22:41,780 --> 00:22:42,980  
那么水汽啊  
  
585  
00:22:43,920 --> 00:22:47,440  
久久不化，阳气被郁则则为热对吧  
  
586  
00:22:47,680 --> 00:22:50,040  
为热之后则为则能削骨啊  
  
587  
00:22:50,120 --> 00:22:50,920  
削骨就可  
  
588  
00:22:56,900 --> 00:22:58,820  
病水腹大小便不利  
  
589  
00:22:59,980 --> 00:23:04,180  
那么肚子大小便尿不出来，水都蓄在里头了  
  
590  
00:23:07,720 --> 00:23:11,000  
其脉陈觉者，有水可下之  
  
591  
00:23:11,440 --> 00:23:13,480  
这个绝呀，呃  
  
592  
00:23:13,680 --> 00:23:15,160  
说的不是麦没有了  
  
593  
00:23:16,360 --> 00:23:17,400  
说的不是没有了  
  
594  
00:23:17,400 --> 00:23:18,560  
我个人的体会啊  
  
595  
00:23:19,040 --> 00:23:20,440  
老仙师说的应该是什么呢  
  
596  
00:23:20,880 --> 00:23:23,310  
麦味很沉，近乎于摸不着  
  
597  
00:23:23,350 --> 00:23:25,350  
但是你细听的时候，麦有根啊  
  
598  
00:23:25,510 --> 00:23:26,390  
这一定是有根的  
  
599  
00:23:26,390 --> 00:23:27,470  
麦无根不行啊  
  
600  
00:23:27,930 --> 00:23:29,210  
就是哪种感觉呢  
  
601  
00:23:29,210 --> 00:23:31,810  
你们，你们可能在临床上也也我学生  
  
602  
00:23:31,810 --> 00:23:32,730  
他们应该见过啊  
  
603  
00:23:32,970 --> 00:23:33,690  
就这人啊  
  
604  
00:23:34,210 --> 00:23:35,810  
胖的已经正起来了  
  
605  
00:23:36,460 --> 00:23:36,700  
哎  
  
606  
00:23:36,700 --> 00:23:38,580  
我又说了东北方言啊  
  
607  
00:23:38,580 --> 00:23:39,260  
就蹭起来  
  
608  
00:23:39,660 --> 00:23:42,140  
蹭起来就是说胖的像充气了一样  
  
609  
00:23:42,140 --> 00:23:42,660  
明白了吧  
  
610  
00:23:43,100 --> 00:23:44,780  
就是你一摸那个麦呢，一个坑  
  
611  
00:23:45,400 --> 00:23:46,920  
那个时候你是摸不着脉的  
  
612  
00:23:47,720 --> 00:23:50,880  
我们讲食水沉水，胖子圆起来了  
  
613  
00:23:50,880 --> 00:23:54,390  
这个人是不是那么摸不着卖了啊  
  
614  
00:23:54,430 --> 00:23:55,510  
你看就好像没有了  
  
615  
00:23:55,510 --> 00:23:57,950  
是，其实是因为这都都饱满了啊  
  
616  
00:23:57,950 --> 00:23:59,390  
我们说这个问题不是他没有卖  
  
617  
00:24:00,430 --> 00:24:00,750  
呃  
  
618  
00:24:03,020 --> 00:24:07,220  
那么这种情况下你就可以用攻下之法，用啥方呢  
  
619  
00:24:07,220 --> 00:24:12,270  
那么后世医家普遍认为用十枣汤乃为政治啊  
  
620  
00:24:12,830 --> 00:24:14,630  
这个我表示服役啊  
  
621  
00:24:14,630 --> 00:24:16,950  
这个是是是很正确的啊  
  
622  
00:24:16,950 --> 00:24:20,050  
这时候应该用石早12条  
  
623  
00:24:23,860 --> 00:24:26,940  
呃问曰，病夏利后渴饮水  
  
624  
00:24:27,660 --> 00:24:28,340  
小便不利  
  
625  
00:24:29,020 --> 00:24:30,380  
腹满阴肿者，何也  
  
626  
00:24:31,610 --> 00:24:33,570  
攻下之后渴，但是尿不出来  
  
627  
00:24:33,570 --> 00:24:36,130  
肚子大，而且身上肿  
  
628  
00:24:36,450 --> 00:24:37,050  
这是啥  
  
629  
00:24:37,130 --> 00:24:37,570  
答曰  
  
630  
00:24:38,590 --> 00:24:39,550  
此法当病水  
  
631  
00:24:39,830 --> 00:24:41,510  
告诉你，这就是一个水气病  
  
632  
00:24:42,350 --> 00:24:44,590  
若小便自利及汗出者当自愈啊  
  
633  
00:24:44,590 --> 00:24:47,820  
如果是小便能通利，能出汗  
  
634  
00:24:48,380 --> 00:24:49,340  
这样的人可以遇  
  
635  
00:24:49,340 --> 00:24:51,540  
其实这个就一定说的是水的来龙去脉吧  
  
636  
00:24:51,540 --> 00:24:51,780  
对吧  
  
637  
00:24:52,060 --> 00:24:52,780  
说明一个问题  
  
638  
00:24:52,780 --> 00:24:57,280  
水的去路不是小便就是汗出啊  
  
639  
00:24:57,800 --> 00:25:00,560  
他其实说了这个很朴素的道理啊  
  
640  
00:25:01,120 --> 00:25:04,080  
呃，汗出和小便是水的去路  
  
641  
00:25:04,800 --> 00:25:08,500  
从第13条一直到第17条比较精彩  
  
642  
00:25:08,900 --> 00:25:11,540  
也是这半段的一个比较核心比较重要的内容  
  
643  
00:25:11,940 --> 00:25:13,500  
那么就是五脏水啊  
  
644  
00:25:14,420 --> 00:25:15,420  
那么五脏水呢  
  
645  
00:25:15,500 --> 00:25:18,500  
其实这段我们有的时候就就比较乱  
  
646  
00:25:18,540 --> 00:25:19,900  
因为我们说水气呢  
  
647  
00:25:20,340 --> 00:25:23,780  
包括那个痰饮，是不是他们有的时候都很接近  
  
648  
00:25:23,940 --> 00:25:25,220  
那么很多同学也看了啊  
  
649  
00:25:25,220 --> 00:25:27,580  
说为什么老师前面我们也讲痰饮  
  
650  
00:25:28,020 --> 00:25:30,490  
那么有有痰饮咳嗽，对吧  
  
651  
00:25:31,010 --> 00:25:33,180  
这个这个，那么也讲痰饮  
  
652  
00:25:33,180 --> 00:25:36,020  
我们这水汽那也说这个问题，乱不乱  
  
653  
00:25:36,060 --> 00:25:37,100  
其实不乱啊  
  
654  
00:25:37,100 --> 00:25:38,460  
我们把调理把它分清楚  
  
655  
00:25:38,460 --> 00:25:39,460  
它是一点都不乱的  
  
656  
00:25:39,700 --> 00:25:40,900  
这个我们说的是水肿  
  
657  
00:25:41,400 --> 00:25:42,920  
而且分成了五种  
  
658  
00:25:44,040 --> 00:25:46,160  
肝、心脾肺、肾它都有转归  
  
659  
00:25:46,760 --> 00:25:51,100  
呃，那么这五种水肿是咋回事啊  
  
660  
00:25:51,890 --> 00:25:52,810  
其实非常简单  
  
661  
00:25:52,930 --> 00:25:53,690  
提纲挈领  
  
662  
00:25:53,770 --> 00:25:55,250  
我把核心给你说出来  
  
663  
00:25:55,610 --> 00:26:00,580  
你后头再捋进去之后，就如同破竹啊  
  
664  
00:26:00,620 --> 00:26:01,900  
就一下就很顺了  
  
665  
00:26:02,340 --> 00:26:04,340  
这五脏水你不用乱啊  
  
666  
00:26:04,340 --> 00:26:07,020  
你怎么去理解它，无非是什么呢  
  
667  
00:26:07,820 --> 00:26:10,740  
五脏的精气，对吧  
  
668  
00:26:11,830 --> 00:26:14,950  
不能够咱们讲叫统御水饮  
  
669  
00:26:15,590 --> 00:26:16,710  
我再重复一遍啊  
  
670  
00:26:16,710 --> 00:26:19,230  
就是五脏各脏，肝心脾肺肾对吧  
  
671  
00:26:20,060 --> 00:26:24,740  
某一脏的精气，当它不能处理水饮的时候  
  
672  
00:26:26,180 --> 00:26:27,980  
则会怎么样啊  
  
673  
00:26:28,460 --> 00:26:29,860  
被水鞋所患  
  
674  
00:26:31,060 --> 00:26:32,900  
发为五脏之水，这个大家明白了吧  
  
675  
00:26:33,740 --> 00:26:34,940  
我为啥要说这个问题  
  
676  
00:26:34,940 --> 00:26:37,880  
因为很多人会本能的认为  
  
677  
00:26:38,160 --> 00:26:39,320  
那你比如说我们薪水  
  
678  
00:26:40,120 --> 00:26:43,160  
很多人会本能的认为那他是不是就是心源性水肿  
  
679  
00:26:44,120 --> 00:26:44,760  
我讲啊  
  
680  
00:26:45,160 --> 00:26:46,040  
它可以是  
  
681  
00:26:47,000 --> 00:26:49,670  
但是它也可能不是，对不对啊  
  
682  
00:26:49,910 --> 00:26:50,630  
包括干水  
  
683  
00:26:50,710 --> 00:26:52,190  
很多人想说那这就是肝腹水  
  
684  
00:26:52,550 --> 00:26:53,750  
不见得啊  
  
685  
00:26:54,110 --> 00:26:54,910  
这个不见得  
  
686  
00:26:55,320 --> 00:26:57,000  
呃，有的人那我们说肝腹水  
  
687  
00:26:57,040 --> 00:26:59,880  
他很多时候比如说肝的硬化或者肿瘤引起来的吧  
  
688  
00:27:00,490 --> 00:27:03,410  
那有可能这个人肝没发展到那个程度  
  
689  
00:27:03,410 --> 00:27:05,010  
他也可能会出现肝水  
  
690  
00:27:06,430 --> 00:27:08,950  
所以我说他俩不能简单的对等  
  
691  
00:27:09,470 --> 00:27:11,750  
但是他俩存在内在联系啊  
  
692  
00:27:12,110 --> 00:27:13,270  
存在内在联系  
  
693  
00:27:15,250 --> 00:27:17,450  
我们逐一的看这一段就比较精彩  
  
694  
00:27:18,830 --> 00:27:26,190  
第13条告诉你薪水者气深重而少气啥意思呢  
  
695  
00:27:27,310 --> 00:27:30,270  
那么由于心脏不能同水  
  
696  
00:27:32,020 --> 00:27:32,700  
大家明白吧  
  
697  
00:27:33,020 --> 00:27:33,220  
哎  
  
698  
00:27:33,260 --> 00:27:34,540  
心脏不能同水  
  
699  
00:27:36,700 --> 00:27:38,620  
造成这种疾病的患者会有特征  
  
700  
00:27:38,660 --> 00:27:39,380  
啥特征呢  
  
701  
00:27:40,140 --> 00:27:42,900  
浑身沉没劲，犯懒对吧  
  
702  
00:27:43,700 --> 00:27:46,260  
与此同时，叫不得沃这个人啊  
  
703  
00:27:46,740 --> 00:27:49,180  
他是睡不着觉的，倍儿精神  
  
704  
00:27:50,400 --> 00:27:54,000  
凡而燥其人阴种呃  
  
705  
00:27:56,300 --> 00:28:00,030  
心特别容易烦啊，烦和燥其实不是一回事啊  
  
706  
00:28:00,430 --> 00:28:01,270  
那么心容易烦  
  
707  
00:28:01,750 --> 00:28:02,990  
与此同时怎么样呢  
  
708  
00:28:03,750 --> 00:28:05,670  
这个他的外因  
  
709  
00:28:06,730 --> 00:28:06,930  
额  
  
710  
00:28:07,210 --> 00:28:08,490  
那么男女有别，对吧  
  
711  
00:28:08,890 --> 00:28:12,890  
那么会发生水肿的病额，这个怎么解释啊  
  
712  
00:28:12,930 --> 00:28:14,770  
其实非常简单  
  
713  
00:28:14,770 --> 00:28:16,130  
我认为它的核心眼目  
  
714  
00:28:16,210 --> 00:28:17,410  
这个我给你梳理好了  
  
715  
00:28:17,410 --> 00:28:18,570  
你先照我的画下来  
  
716  
00:28:18,890 --> 00:28:20,690  
回头你再自己捋，就很清楚  
  
717  
00:28:21,100 --> 00:28:23,740  
那么薪水的核心就三个字  
  
718  
00:28:23,740 --> 00:28:25,380  
儿不得沃  
  
719  
00:28:26,450 --> 00:28:29,210  
这是它最特别的特点啊  
  
720  
00:28:29,610 --> 00:28:30,770  
那你看，深重也好  
  
721  
00:28:30,770 --> 00:28:31,290  
少气也好  
  
722  
00:28:31,290 --> 00:28:33,010  
可能别的水也有对不对  
  
723  
00:28:33,370 --> 00:28:34,130  
那么阴种  
  
724  
00:28:34,690 --> 00:28:37,410  
那么到渗水的时候，他虽然不阴肿  
  
725  
00:28:37,450 --> 00:28:39,890  
但是也有类似的这个这个这个  
  
726  
00:28:39,890 --> 00:28:42,570  
阴下湿如牛鼻上汗的特点啊  
  
727  
00:28:43,380 --> 00:28:46,420  
呃，那么他最大最大的特征和常见特征啊  
  
728  
00:28:46,420 --> 00:28:50,410  
比较容易被发现的就是这个人，什么特点呢  
  
729  
00:28:50,410 --> 00:28:52,330  
就是睡不着，没觉为啥  
  
730  
00:28:52,450 --> 00:28:53,210  
原因很简单  
  
731  
00:28:53,410 --> 00:28:54,290  
因为吸气不足  
  
732  
00:28:54,950 --> 00:28:57,670  
我们讲睡觉的基本机理就是阳入于阴  
  
733  
00:28:58,230 --> 00:29:00,510  
心气不足，它无阳何以入阴啊  
  
734  
00:29:01,110 --> 00:29:02,270  
讲这个道理啊啊  
  
735  
00:29:02,800 --> 00:29:04,480  
那么所以说阳不得入阴  
  
736  
00:29:05,160 --> 00:29:06,400  
那么造成这个人呢  
  
737  
00:29:06,440 --> 00:29:08,160  
肯定是阴阳之间不能气化  
  
738  
00:29:08,200 --> 00:29:09,200  
那么水湿不化  
  
739  
00:29:09,720 --> 00:29:10,880  
心脏不能化水  
  
740  
00:29:11,240 --> 00:29:13,080  
那么浑身就特别重，对吧  
  
741  
00:29:13,120 --> 00:29:15,270  
没有劲儿，睡也睡不着  
  
742  
00:29:15,950 --> 00:29:17,270  
凡人造说的是什么呢  
  
743  
00:29:17,270 --> 00:29:19,870  
我个人认为啊，他更接近于一种什么状态啊  
  
744  
00:29:20,110 --> 00:29:21,470  
这就不单是简单心烦  
  
745  
00:29:21,470 --> 00:29:23,070  
我们古代住家是这么住的啊  
  
746  
00:29:23,070 --> 00:29:26,860  
说这个人由于心不能下交于肾  
  
747  
00:29:27,390 --> 00:29:30,430  
造成心火孤悬于上而发为烦躁  
  
748  
00:29:30,630 --> 00:29:31,430  
是不是这回事啊  
  
749  
00:29:31,710 --> 00:29:33,750  
但是我认为里头还潜藏了一个病机  
  
750  
00:29:34,130 --> 00:29:36,290  
很有可能这个人是平时躺不下  
  
751  
00:29:37,870 --> 00:29:40,110  
很多心脏病人啊，对不对  
  
752  
00:29:40,110 --> 00:29:42,270  
包括我母亲，当时在得心脏病的时候  
  
753  
00:29:42,270 --> 00:29:43,550  
我的我的印象特别深  
  
754  
00:29:43,870 --> 00:29:44,070  
呃  
  
755  
00:29:44,070 --> 00:29:45,150  
他在医院里头  
  
756  
00:29:45,150 --> 00:29:47,110  
当时住院的时候整宿整宿躺不了  
  
757  
00:29:47,590 --> 00:29:51,550  
就是为什么一开始说那个那个那个比较难弄  
  
758  
00:29:52,230 --> 00:29:53,190  
一躺下呢  
  
759  
00:29:53,190 --> 00:29:56,070  
你稍稍平卧的时候刚刚要睡着  
  
760  
00:29:56,390 --> 00:29:57,790  
打一个激灵人就醒了  
  
761  
00:29:58,320 --> 00:29:59,080  
那什么问题  
  
762  
00:29:59,080 --> 00:30:04,290  
因为心气不能不能统御气血啊  
  
763  
00:30:04,290 --> 00:30:05,690  
心气比较虚，是不是啊  
  
764  
00:30:05,970 --> 00:30:06,170  
哎  
  
765  
00:30:06,170 --> 00:30:07,550  
心为君主，呃  
  
766  
00:30:07,790 --> 00:30:08,950  
那么就造成这个问题  
  
767  
00:30:09,150 --> 00:30:13,510  
所以睡不着是他的非常有鲜明的特征，就是一睡一激灵  
  
768  
00:30:13,880 --> 00:30:17,800  
那么这个时候你就要以新为立论来治病  
  
769  
00:30:18,080 --> 00:30:18,920  
效果就比较好  
  
770  
00:30:19,080 --> 00:30:20,480  
那为啥下阴会肿  
  
771  
00:30:20,480 --> 00:30:21,200  
这个很简单  
  
772  
00:30:21,200 --> 00:30:24,360  
我们讲心火不能下交于肾  
  
773  
00:30:24,710 --> 00:30:25,790  
那么则水气呢  
  
774  
00:30:26,310 --> 00:30:28,800  
下注于外阴那个音呢  
  
775  
00:30:28,960 --> 00:30:30,560  
无论是男子还是女子啊  
  
776  
00:30:30,600 --> 00:30:31,760  
虽然结构不同啊  
  
777  
00:30:32,080 --> 00:30:34,200  
那么但是道理是相似的  
  
778  
00:30:34,200 --> 00:30:38,390  
我们讲肾窍本身在前后二音吧  
  
779  
00:30:39,730 --> 00:30:39,930  
哎  
  
780  
00:30:40,330 --> 00:30:42,250  
那么肾窍在前后二阴啊  
  
781  
00:30:42,660 --> 00:30:44,380  
那么则流注于肾窍  
  
782  
00:30:44,380 --> 00:30:45,620  
这个就很正常了，是不是  
  
783  
00:30:45,620 --> 00:30:49,140  
那你水气心水水气不化，那与肾不能相交  
  
784  
00:30:50,230 --> 00:30:51,110  
流注于肾啊  
  
785  
00:30:51,110 --> 00:30:51,750  
这个很正常  
  
786  
00:30:52,990 --> 00:30:54,070  
这个叫心水  
  
787  
00:30:54,590 --> 00:30:55,470  
心水该怎么治  
  
788  
00:30:55,470 --> 00:30:58,510  
那你当然要以心为立法立论的原点  
  
789  
00:30:59,990 --> 00:31:00,870  
肝水啊  
  
790  
00:31:00,870 --> 00:31:02,430  
后头讲这个肝脏之水  
  
791  
00:31:03,270 --> 00:31:06,710  
肝脏之水呢，则腹大不能自转侧  
  
792  
00:31:07,010 --> 00:31:08,650  
那么从这个条文上来看呢  
  
793  
00:31:08,650 --> 00:31:11,010  
它跟我们今天说的肝腹水就比较接近了  
  
794  
00:31:11,370 --> 00:31:12,250  
与此同时呢  
  
795  
00:31:12,330 --> 00:31:13,450  
斜下腹痛  
  
796  
00:31:13,930 --> 00:31:16,130  
那么斜下也有疼痛的感觉  
  
797  
00:31:16,940 --> 00:31:18,660  
有一个非常好玩的事啊  
  
798  
00:31:19,460 --> 00:31:20,740  
非常好玩的事叫什么呢  
  
799  
00:31:20,820 --> 00:31:24,240  
时时今夜微生，小便须通啊  
  
800  
00:31:24,240 --> 00:31:25,040  
大家看到没有  
  
801  
00:31:25,720 --> 00:31:26,000  
哎  
  
802  
00:31:26,740 --> 00:31:28,660  
时时津液微生  
  
803  
00:31:28,740 --> 00:31:29,380  
小便虚通  
  
804  
00:31:29,780 --> 00:31:31,180  
那么它就说明一个事  
  
805  
00:31:31,580 --> 00:31:33,340  
小便蓄通，叫啥意思  
  
806  
00:31:35,020 --> 00:31:35,220  
哎  
  
807  
00:31:35,460 --> 00:31:37,180  
时断时续，就像这个水啊  
  
808  
00:31:37,580 --> 00:31:39,340  
一会儿有一会儿就断流  
  
809  
00:31:39,620 --> 00:31:41,340  
那么你为什么小便利还是不利  
  
810  
00:31:42,600 --> 00:31:43,720  
那他一定不利啊  
  
811  
00:31:43,720 --> 00:31:44,280  
是这个意思  
  
812  
00:31:44,280 --> 00:31:44,760  
同学们啊  
  
813  
00:31:45,120 --> 00:31:46,800  
那他小便如果利他就不用说  
  
814  
00:31:46,800 --> 00:31:49,400  
叫叫小便蓄通了吧  
  
815  
00:31:50,090 --> 00:31:50,290  
哎  
  
816  
00:31:50,810 --> 00:31:52,490  
那么小便一通，津液就出来  
  
817  
00:31:52,490 --> 00:31:55,190  
那为啥小便不通时候没津液  
  
818  
00:31:55,190 --> 00:31:56,470  
小便一通津液就出来  
  
819  
00:31:56,470 --> 00:31:56,990  
你想啊  
  
820  
00:31:57,110 --> 00:31:57,750  
肝主什么  
  
821  
00:31:58,430 --> 00:32:01,670  
肝主疏泄，那么肝经循行于哪  
  
822  
00:32:02,210 --> 00:32:03,370  
还阴器抵小腹  
  
823  
00:32:03,930 --> 00:32:04,770  
是不是这个道理啊  
  
824  
00:32:05,170 --> 00:32:05,770  
都懂了吧  
  
825  
00:32:06,450 --> 00:32:06,730  
诶  
  
826  
00:32:07,290 --> 00:32:10,450  
那么10克的时候，肝脏它稍稍恢复一点  
  
827  
00:32:10,810 --> 00:32:11,010  
哎  
  
828  
00:32:11,010 --> 00:32:12,010  
这个就能好点  
  
829  
00:32:12,670 --> 00:32:14,190  
等它再坏了，又坏了  
  
830  
00:32:14,590 --> 00:32:17,270  
那所以你就像我们都不用说中医啊  
  
831  
00:32:17,630 --> 00:32:20,510  
我们就检修电路，都是检修电路  
  
832  
00:32:20,510 --> 00:32:21,270  
咱们都会检修  
  
833  
00:32:21,750 --> 00:32:23,230  
那么你想知道是哪根线坏了  
  
834  
00:32:23,230 --> 00:32:24,070  
你就假设一下  
  
835  
00:32:24,070 --> 00:32:26,830  
比如这个电路连的是冰箱，是不是这个道理  
  
836  
00:32:26,950 --> 00:32:27,990  
你就看冰箱好不好使  
  
837  
00:32:27,990 --> 00:32:29,390  
你就知道这个电路有没有问题  
  
838  
00:32:29,390 --> 00:32:31,030  
我们就说这个非常简单的道理  
  
839  
00:32:31,310 --> 00:32:34,670  
那么就是这个事，它一小便一通就肝气来了  
  
840  
00:32:35,210 --> 00:32:36,410  
肝气不好，小便就不同  
  
841  
00:32:36,410 --> 00:32:39,330  
那是肯定是毛病在塞上在肝上了对吧  
  
842  
00:32:39,930 --> 00:32:43,500  
那么这种呢，实际上是多见于对肝脏引起来的腹水啊  
  
843  
00:32:43,940 --> 00:32:44,860  
这个是没错的  
  
844  
00:32:45,100 --> 00:32:47,500  
那么它的特点我是这么理解的  
  
845  
00:32:47,700 --> 00:32:49,700  
就是一个斜下腹痛的问题  
  
846  
00:32:51,220 --> 00:32:51,780  
斜下痛  
  
847  
00:32:54,860 --> 00:32:56,940  
这是他最为鲜明的特征啊  
  
848  
00:32:58,530 --> 00:32:59,090  
废水者  
  
849  
00:33:00,610 --> 00:33:04,950  
呃其身肿，小便男十时压糖  
  
850  
00:33:07,460 --> 00:33:08,420  
那么废水啊  
  
851  
00:33:08,460 --> 00:33:10,690  
肺主通调水道，呃  
  
852  
00:33:10,850 --> 00:33:11,330  
肺呢  
  
853  
00:33:11,690 --> 00:33:14,170  
也为我们讲，叫相辅之官  
  
854  
00:33:15,170 --> 00:33:17,570  
有这个宰辅之之用，对吧  
  
855  
00:33:18,560 --> 00:33:21,880  
那么肺不能通调水道之后，水气行于周身  
  
856  
00:33:22,530 --> 00:33:25,130  
那么则深种在五脏水之中  
  
857  
00:33:25,370 --> 00:33:28,110  
提到深种的唯独是废水啊  
  
858  
00:33:28,470 --> 00:33:29,910  
与此同时，还有一个问题呢  
  
859  
00:33:29,910 --> 00:33:30,390  
小便难  
  
860  
00:33:30,510 --> 00:33:31,590  
那你看小便也难啊  
  
861  
00:33:31,990 --> 00:33:34,630  
与此同时，时时压糖压糖什么意思啊  
  
862  
00:33:35,000 --> 00:33:37,040  
就大便糖稀，那为啥糖稀啊  
  
863  
00:33:37,440 --> 00:33:38,280  
原因很简单  
  
864  
00:33:38,360 --> 00:33:39,360  
肺主通调水道  
  
865  
00:33:39,720 --> 00:33:41,160  
那么水道它没通调好  
  
866  
00:33:41,200 --> 00:33:42,360  
导致这个水怎么办啊  
  
867  
00:33:42,360 --> 00:33:43,520  
往下走对吧  
  
868  
00:33:44,000 --> 00:33:45,240  
肺和谁相表里啊  
  
869  
00:33:45,690 --> 00:33:48,370  
大肠，那么水走大肠导致这个变稀  
  
870  
00:33:48,850 --> 00:33:50,530  
所以你看你一对比之后  
  
871  
00:33:50,530 --> 00:33:52,050  
你就发现各自都有特征  
  
872  
00:33:52,700 --> 00:33:53,500  
薪水特征  
  
873  
00:33:54,660 --> 00:33:58,020  
那就不得物干水特征，斜下腹痛对不对  
  
874  
00:33:58,430 --> 00:34:00,110  
那么废水特征是啥呀  
  
875  
00:34:00,630 --> 00:34:00,830  
哎  
  
876  
00:34:00,910 --> 00:34:01,990  
深种，于是乎  
  
877  
00:34:02,470 --> 00:34:03,070  
与此同时  
  
878  
00:34:03,190 --> 00:34:05,790  
压糖，那脾水特征是什么呢  
  
879  
00:34:06,760 --> 00:34:08,080  
我认为是四肢的问题  
  
880  
00:34:08,719 --> 00:34:12,120  
而且津液不生，皮水会口渴啊  
  
881  
00:34:12,239 --> 00:34:12,920  
今夜不生  
  
882  
00:34:14,150 --> 00:34:15,949  
但是皮水，当然他也有福大  
  
883  
00:34:15,949 --> 00:34:17,469  
但我们为啥没提呢  
  
884  
00:34:17,870 --> 00:34:19,909  
因为你看福大的有好几个哈  
  
885  
00:34:20,280 --> 00:34:21,320  
这个都复杂  
  
886  
00:34:21,920 --> 00:34:24,920  
但是腹本身我们知道腕腹本身是脾直部位对吧  
  
887  
00:34:25,280 --> 00:34:26,239  
所以特殊说一下  
  
888  
00:34:26,440 --> 00:34:31,219  
但是脾主四末，这个是千真万确的啊  
  
889  
00:34:32,060 --> 00:34:33,739  
呃，因此说你不要忽视  
  
890  
00:34:34,260 --> 00:34:37,060  
唯独有皮水的时候手脚是肿起来的  
  
891  
00:34:37,350 --> 00:34:38,630  
这个是特别有意思的啊  
  
892  
00:34:38,909 --> 00:34:39,110  
呃  
  
893  
00:34:39,230 --> 00:34:41,870  
与此同时津液不足，为啥  
  
894  
00:34:41,909 --> 00:34:43,270  
因为太阴不能开吗  
  
895  
00:34:43,590 --> 00:34:47,699  
还是我们刚才讲的那个月闭加猪汤为啥要加猪的问题，对不对啊  
  
896  
00:34:47,860 --> 00:34:50,139  
那你加猪之后开太阴，津液就能上来了  
  
897  
00:34:50,139 --> 00:34:51,860  
你不开津液下去了啊  
  
898  
00:34:52,340 --> 00:34:55,139  
所以说津液不生，但苦少气  
  
899  
00:34:55,780 --> 00:34:59,700  
唯独是没劲儿哈，没劲儿没气力啊  
  
900  
00:35:00,140 --> 00:35:00,620  
小便难  
  
901  
00:35:01,740 --> 00:35:02,980  
呃，肾水呢  
  
902  
00:35:04,120 --> 00:35:07,070  
复大齐中，呃  
  
903  
00:35:07,510 --> 00:35:10,590  
肚脐周围，这个是肾水最大的特点啊  
  
904  
00:35:11,190 --> 00:35:12,310  
肾水的特点有三  
  
905  
00:35:12,710 --> 00:35:14,690  
第一是肚脐肿，腰疼  
  
906  
00:35:15,010 --> 00:35:15,810  
这是第一啊  
  
907  
00:35:16,170 --> 00:35:16,810  
第二呢  
  
908  
00:35:17,430 --> 00:35:22,070  
阴下湿如牛鼻上汗就是外阴会有会出汗  
  
909  
00:35:22,620 --> 00:35:26,260  
好像牛鼻子上那一层一层汗珠子似的那种感觉啊  
  
910  
00:35:26,900 --> 00:35:30,300  
呃，而且足逆冷啊  
  
911  
00:35:30,500 --> 00:35:31,020  
足逆冷  
  
912  
00:35:31,540 --> 00:35:36,120  
因为这个本身，呃足为咱们讲  
  
913  
00:35:36,120 --> 00:35:38,440  
叫叫叫这个这个膝足啊  
  
914  
00:35:38,520 --> 00:35:40,400  
他也为腰，甚至外腹对不对啊  
  
915  
00:35:41,440 --> 00:35:41,800  
角量  
  
916  
00:35:43,600 --> 00:35:44,360  
与此同时呢  
  
917  
00:35:44,720 --> 00:35:48,360  
别的五脏水的特征它也具备  
  
918  
00:35:48,360 --> 00:35:49,160  
比如说腹大  
  
919  
00:35:49,160 --> 00:35:50,600  
比如说不得逆小便  
  
920  
00:35:50,640 --> 00:35:51,760  
尿不出来，对不对  
  
921  
00:35:52,370 --> 00:35:52,570  
哎  
  
922  
00:35:52,570 --> 00:35:56,650  
这种特点面反受，说明气血不能盈于上啊  
  
923  
00:35:57,580 --> 00:35:58,860  
则见于肾水  
  
924  
00:35:59,180 --> 00:36:01,140  
那么综巳午水啊  
  
925  
00:36:01,140 --> 00:36:02,700  
我们从头到尾看下来  
  
926  
00:36:03,220 --> 00:36:05,020  
小便利的只有一个薪水  
  
927  
00:36:05,840 --> 00:36:08,690  
是不是其他四个水小便都不利啊  
  
928  
00:36:09,090 --> 00:36:10,450  
那么各自有各自特征  
  
929  
00:36:10,490 --> 00:36:13,410  
从心水的不得卧到肝水的斜下腹痛  
  
930  
00:36:13,730 --> 00:36:17,220  
到腹到这个沸水的参种压糖  
  
931  
00:36:17,700 --> 00:36:19,540  
到皮水的四肢苦重  
  
932  
00:36:20,230 --> 00:36:20,870  
津液不生  
  
933  
00:36:21,430 --> 00:36:22,990  
那么到肾水的脐肿  
  
934  
00:36:23,070 --> 00:36:25,580  
肚脐肿，到阴下湿啊  
  
935  
00:36:25,780 --> 00:36:29,500  
足逆冷，那么实际上五种水汽是各有特征的  
  
936  
00:36:29,700 --> 00:36:30,380  
都不一样  
  
937  
00:36:30,660 --> 00:36:33,780  
因此你临正的立法立论也要有所不同  
  
938  
00:36:36,080 --> 00:36:37,080  
区别开啊  
  
939  
00:36:39,700 --> 00:36:41,460  
呃下头第18条  
  
940  
00:36:41,660 --> 00:36:45,180  
这个我在平时上课的时候经常会拿它说事  
  
941  
00:36:45,180 --> 00:36:45,460  
儿  
  
942  
00:36:51,080 --> 00:36:53,200  
我们时常拿他举例子啊  
  
943  
00:36:54,040 --> 00:36:54,480  
诗曰  
  
944  
00:36:56,190 --> 00:36:56,910  
著有水者  
  
945  
00:36:56,990 --> 00:36:58,390  
腰以下肿，当利小便  
  
946  
00:36:58,940 --> 00:37:00,580  
腰以上肿，当发汗乃愈  
  
947  
00:37:00,580 --> 00:37:02,100  
我经常拿他举例子，对吧  
  
948  
00:37:02,100 --> 00:37:03,860  
这个我想我就不用赘述了  
  
949  
00:37:04,180 --> 00:37:05,620  
但是大家就明白一个道理  
  
950  
00:37:05,620 --> 00:37:06,940  
从这个条件来看呢  
  
951  
00:37:07,240 --> 00:37:09,640  
实际上有很多伤寒的方的应用  
  
952  
00:37:10,040 --> 00:37:12,040  
我们应该重点注意  
  
953  
00:37:12,480 --> 00:37:12,760  
呃  
  
954  
00:37:13,340 --> 00:37:13,940  
治病啊  
  
955  
00:37:14,260 --> 00:37:16,660  
你要抓住来龙去脉啊  
  
956  
00:37:16,660 --> 00:37:19,140  
把这个病邪什么叫来龙，什么叫去脉  
  
957  
00:37:19,140 --> 00:37:20,980  
今天我也稍稍多说一点啊  
  
958  
00:37:23,620 --> 00:37:25,100  
实际上你不要把它神化啊  
  
959  
00:37:25,100 --> 00:37:26,100  
也不要把它想复杂  
  
960  
00:37:27,140 --> 00:37:27,860  
什么是来龙  
  
961  
00:37:28,220 --> 00:37:30,680  
就是这个病的病因，去脉呢  
  
962  
00:37:30,680 --> 00:37:32,440  
就是他的，你把病因找到了  
  
963  
00:37:32,440 --> 00:37:34,440  
你就知道他他的出路该怎么办了  
  
964  
00:37:34,680 --> 00:37:36,600  
找到原因你就知道咋办啊  
  
965  
00:37:36,600 --> 00:37:38,640  
它，它一定是一体的啊  
  
966  
00:37:38,900 --> 00:37:40,060  
那么它的原因怎么找  
  
967  
00:37:40,100 --> 00:37:40,740  
也就是我  
  
968  
00:37:40,820 --> 00:37:42,740  
我每一篇给大家讲每一种病的时候  
  
969  
00:37:42,740 --> 00:37:44,740  
我都会以内经为例，对吧  
  
970  
00:37:44,920 --> 00:37:47,280  
那么讲一讲他的这个病机是如何  
  
971  
00:37:47,280 --> 00:37:49,880  
就像我们今天说的这个风水风  
  
972  
00:37:50,000 --> 00:37:50,960  
呃呃，水正啊  
  
973  
00:37:51,280 --> 00:37:52,520  
水正的造成的原因  
  
974  
00:37:52,840 --> 00:37:55,120  
那么风水皮水最经典的  
  
975  
00:37:55,510 --> 00:37:57,190  
按照素问水热穴论的说法  
  
976  
00:37:57,230 --> 00:38:00,190  
一个是邪风贼风  
  
977  
00:38:00,660 --> 00:38:02,940  
一个是人体气化至正水  
  
978  
00:38:03,380 --> 00:38:06,150  
它俩碰一块儿就变成血水了啊  
  
979  
00:38:06,470 --> 00:38:07,670  
所以你怎么拆它啊  
  
980  
00:38:07,950 --> 00:38:10,110  
那你就可以解表，可以发汗啊  
  
981  
00:38:10,590 --> 00:38:12,150  
那么与此同时呢  
  
982  
00:38:13,400 --> 00:38:14,800  
咱们看这个，呃  
  
983  
00:38:14,960 --> 00:38:16,360  
发汗不行就利小便  
  
984  
00:38:16,920 --> 00:38:20,360  
但是有一个特点叫什么叫因势利导  
  
985  
00:38:21,770 --> 00:38:25,610  
腰以下的利小便，为啥呀  
  
986  
00:38:25,890 --> 00:38:30,760  
因为比较近，从这走近腰以上的呢  
  
987  
00:38:31,400 --> 00:38:32,720  
发汗，那为啥  
  
988  
00:38:32,720 --> 00:38:35,850  
因为腰以上通于太阳之精通  
  
989  
00:38:35,850 --> 00:38:39,610  
于象背太阳之脉，呢体于头项寻身之背  
  
990  
00:38:39,730 --> 00:38:41,750  
甲脊抵腰之足啊  
  
991  
00:38:42,190 --> 00:38:45,030  
那么本身这么一个循行，呃  
  
992  
00:38:47,140 --> 00:38:49,380  
本身这么一个循行啊  
  
993  
00:38:49,540 --> 00:38:52,580  
他就适合你发汗啊  
  
994  
00:38:53,150 --> 00:38:56,710  
所以这个我就不再给大家过多的赘述了啊  
  
995  
00:38:56,710 --> 00:38:58,510  
但是在这呢，提示一个问题  
  
996  
00:38:59,070 --> 00:38:59,270  
呃  
  
997  
00:38:59,630 --> 00:39:01,630  
光是种是可以这么理解吗  
  
998  
00:39:02,180 --> 00:39:04,300  
其实不是，你细想啊  
  
999  
00:39:05,020 --> 00:39:11,180  
你比如说人体其他疾病并未在腰以上的  
  
1000  
00:39:11,780 --> 00:39:15,780  
你是否可以因势利导从发汗的角度去解决问题  
  
1001  
00:39:18,360 --> 00:39:20,480  
咱们说，比如肺病  
  
1002  
00:39:22,200 --> 00:39:23,400  
是不是啊啊  
  
1003  
00:39:23,470 --> 00:39:23,670  
哎  
  
1004  
00:39:24,110 --> 00:39:25,390  
比如隔间的问题  
  
1005  
00:39:26,070 --> 00:39:27,310  
比如头部的问题  
  
1006  
00:39:28,110 --> 00:39:31,840  
那么我们说腰以下啊，这一类的问题  
  
1007  
00:39:32,320 --> 00:39:36,440  
我们哪怕它不是一个这个事，水肿的事  
  
1008  
00:39:36,840 --> 00:39:40,870  
我们可否那么同样用一个立小便的思维方式  
  
1009  
00:39:41,270 --> 00:39:42,590  
把这个问题解决啊  
  
1010  
00:39:42,590 --> 00:39:44,310  
我们讲这个其实是是是  
  
1011  
00:39:44,310 --> 00:39:45,670  
可以以此类推的啊  
  
1012  
00:39:47,890 --> 00:39:50,330  
好，我们看一下19条  
  
1013  
00:39:51,980 --> 00:39:53,780  
呃19条呢  
  
1014  
00:39:58,560 --> 00:40:01,200  
嗯说这么一个事，诗曰  
  
1015  
00:40:05,440 --> 00:40:07,440  
麦寸口啊  
  
1016  
00:40:08,790 --> 00:40:11,910  
辰而驰，又是一个大篇幅条文  
  
1017  
00:40:11,910 --> 00:40:13,830  
是不是哎辰而驰  
  
1018  
00:40:16,020 --> 00:40:18,580  
辰为水池为寒，这个都好理解啊  
  
1019  
00:40:19,980 --> 00:40:21,060  
寒水相团  
  
1020  
00:40:22,320 --> 00:40:23,200  
阜阳麦麸  
  
1021  
00:40:23,400 --> 00:40:26,640  
水谷不化到这儿没有特殊的东西啊  
  
1022  
00:40:26,640 --> 00:40:27,560  
讲的都很简单  
  
1023  
00:40:27,990 --> 00:40:29,990  
辰则主水，池则主寒  
  
1024  
00:40:29,990 --> 00:40:31,590  
阳气不足则则脉迟嘛，对吧  
  
1025  
00:40:31,910 --> 00:40:32,670  
这非常简单  
  
1026  
00:40:32,990 --> 00:40:34,790  
那么又有水，阳气又不足  
  
1027  
00:40:35,420 --> 00:40:37,100  
那么敷阳脉浮，水谷不化  
  
1028  
00:40:37,100 --> 00:40:38,220  
这就很容易理解了吧  
  
1029  
00:40:38,860 --> 00:40:40,380  
水太盛，脾就虚  
  
1030  
00:40:41,150 --> 00:40:41,910  
中土就虚  
  
1031  
00:40:42,270 --> 00:40:44,230  
因为土正常能治水  
  
1032  
00:40:44,750 --> 00:40:47,390  
但现在水太大了，是不是这个道理啊  
  
1033  
00:40:47,870 --> 00:40:53,040  
结果水太大了之后把土就怎么样就反克了啊  
  
1034  
00:40:53,040 --> 00:40:54,520  
这个是一个非常简单的道理  
  
1035  
00:40:54,520 --> 00:40:56,960  
你就像打比方，呃  
  
1036  
00:40:57,680 --> 00:41:01,030  
咱们说周幽王烽火戏诸侯啊  
  
1037  
00:41:01,230 --> 00:41:01,870  
结果呢  
  
1038  
00:41:02,590 --> 00:41:02,790  
呃  
  
1039  
00:41:03,070 --> 00:41:04,950  
镐京攻陷平王东迁  
  
1040  
00:41:05,590 --> 00:41:07,790  
周周王室就就不行了吧  
  
1041  
00:41:08,390 --> 00:41:08,630  
哎  
  
1042  
00:41:08,670 --> 00:41:11,670  
后来在郑国的保护之下啊  
  
1043  
00:41:11,670 --> 00:41:13,570  
也是姬姓诸侯，呃  
  
1044  
00:41:13,570 --> 00:41:16,010  
最后迁到了洛邑啊  
  
1045  
00:41:16,130 --> 00:41:18,130  
开始了400年的春秋战国  
  
1046  
00:41:18,650 --> 00:41:21,120  
那么天子刚到那边的时候  
  
1047  
00:41:21,120 --> 00:41:22,840  
觉着自己谱还是挺大的啊  
  
1048  
00:41:23,200 --> 00:41:26,660  
结果中间呢，这个这个郑伯啊  
  
1049  
00:41:26,660 --> 00:41:28,900  
我们说郑庄公跟周天子呢  
  
1050  
00:41:28,900 --> 00:41:30,640  
他就亮了肌肉啊  
  
1051  
00:41:30,680 --> 00:41:32,280  
结果这周天子就不乐意了  
  
1052  
00:41:32,280 --> 00:41:34,160  
说说我跟你要叫叫板  
  
1053  
00:41:34,280 --> 00:41:36,170  
结果打了一架啊  
  
1054  
00:41:36,170 --> 00:41:38,290  
还自己还被射了一箭，讨了个没趣  
  
1055  
00:41:38,650 --> 00:41:39,490  
结果回头呢  
  
1056  
00:41:39,930 --> 00:41:40,850  
郑庄公过来赔  
  
1057  
00:41:40,850 --> 00:41:42,970  
不是只能就坡下驴，自取其辱  
  
1058  
00:41:43,210 --> 00:41:44,170  
我们讲这个道理  
  
1059  
00:41:44,810 --> 00:41:47,370  
我们讲五行之中有固然的生克  
  
1060  
00:41:47,930 --> 00:41:50,370  
但生克有的时候是按实力说话的  
  
1061  
00:41:51,220 --> 00:41:52,580  
大家不能认死理儿  
  
1062  
00:41:52,740 --> 00:41:54,260  
我们说土就能克水  
  
1063  
00:41:54,700 --> 00:41:56,140  
是土能克水  
  
1064  
00:41:57,100 --> 00:41:59,710  
但分啥时候，是不是这个道理啊  
  
1065  
00:42:00,190 --> 00:42:00,390  
哎  
  
1066  
00:42:00,550 --> 00:42:05,110  
那么这种案例历史上的案例比比皆是吧啊  
  
1067  
00:42:05,110 --> 00:42:07,640  
包括这个曹某啊  
  
1068  
00:42:07,800 --> 00:42:09,520  
和和和司马昭的关系  
  
1069  
00:42:09,520 --> 00:42:11,840  
我们先讲讲这个道理，咱不都懂吗  
  
1070  
00:42:12,360 --> 00:42:16,920  
那这个就就就不能较这个劲水太大，它就反克于土  
  
1071  
00:42:17,280 --> 00:42:19,040  
那么克土之后造成什么  
  
1072  
00:42:19,540 --> 00:42:21,780  
阜阳麦麸是他脉象上的现象  
  
1073  
00:42:22,140 --> 00:42:23,700  
因为阜阳脉以喉，脾土嘛  
  
1074  
00:42:24,300 --> 00:42:26,220  
腕骨呃水腕骨不化啊  
  
1075  
00:42:26,220 --> 00:42:27,500  
这个讲叫水谷不化  
  
1076  
00:42:27,620 --> 00:42:29,340  
我们伤寒论多，说是顽固不化  
  
1077  
00:42:29,620 --> 00:42:30,700  
那么都是一个道理  
  
1078  
00:42:30,940 --> 00:42:33,340  
讲的就是脾阳不振，是不是这道理  
  
1079  
00:42:33,660 --> 00:42:33,860  
哎  
  
1080  
00:42:33,860 --> 00:42:35,980  
脾现在想行，阳气行不起来了  
  
1081  
00:42:36,380 --> 00:42:38,260  
那么脾气衰则无痰  
  
1082  
00:42:38,380 --> 00:42:40,660  
胃气衰呢，则怎么样则身肿  
  
1083  
00:42:41,030 --> 00:42:43,270  
脾和胃，一个是太阴湿土  
  
1084  
00:42:43,270 --> 00:42:44,970  
一个是阳明燥土啊  
  
1085  
00:42:45,290 --> 00:42:46,450  
那本身一升一降  
  
1086  
00:42:46,970 --> 00:42:50,250  
呃，脾主升清清不得升则便溏  
  
1087  
00:42:50,750 --> 00:42:52,990  
胃主降浊浊不得降，则深肿  
  
1088  
00:42:54,030 --> 00:42:56,030  
非常简单嘛啊  
  
1089  
00:42:57,300 --> 00:42:58,540  
那么就出现这种问题  
  
1090  
00:42:59,060 --> 00:43:00,140  
额，于是乎呢  
  
1091  
00:43:00,900 --> 00:43:03,020  
又一条主线，咱们看下头啊  
  
1092  
00:43:03,700 --> 00:43:06,260  
少阳脉悲，少阴脉细  
  
1093  
00:43:08,210 --> 00:43:10,930  
这块一说呢就有点意思了啊  
  
1094  
00:43:11,370 --> 00:43:13,090  
有点意思了呃  
  
1095  
00:43:15,120 --> 00:43:16,520  
少阳脉是什么脉  
  
1096  
00:43:17,830 --> 00:43:18,910  
呃，实际上呢  
  
1097  
00:43:18,990 --> 00:43:23,170  
我们这个这个本身啊  
  
1098  
00:43:23,370 --> 00:43:26,290  
提到这儿我还要回归到一开始给大家讲这个问题啊  
  
1099  
00:43:26,330 --> 00:43:28,250  
脉的那个枕后，呃  
  
1100  
00:43:29,060 --> 00:43:32,420  
古人呢，有两种枕后法是吧  
  
1101  
00:43:34,530 --> 00:43:35,690  
一种叫变阵  
  
1102  
00:43:39,360 --> 00:43:42,600  
一种叫读取，是不是啊  
  
1103  
00:43:44,780 --> 00:43:46,580  
呃，变诊又有两种  
  
1104  
00:43:48,290 --> 00:43:49,410  
一种叫什么呢  
  
1105  
00:43:51,250 --> 00:43:53,530  
这个呃12经  
  
1106  
00:43:56,000 --> 00:43:57,520  
还有一种比较经典的呢  
  
1107  
00:43:57,520 --> 00:44:02,080  
比如说寸口人迎阜阳三步针法  
  
1108  
00:44:02,850 --> 00:44:05,010  
那么也涵盖天地人了吧  
  
1109  
00:44:05,130 --> 00:44:06,210  
我曾经说过这个问题  
  
1110  
00:44:07,370 --> 00:44:08,610  
读取就是村口  
  
1111  
00:44:11,460 --> 00:44:13,780  
各有各有它的道理啊  
  
1112  
00:44:14,980 --> 00:44:18,500  
那么咱们过去曾经说过，打一个比方啊  
  
1113  
00:44:19,500 --> 00:44:23,560  
这两种方法各有优劣，各有好处  
  
1114  
00:44:23,960 --> 00:44:25,760  
诶，那你说变诊怎么还有裂  
  
1115  
00:44:25,840 --> 00:44:27,240  
有就是麻烦  
  
1116  
00:44:27,840 --> 00:44:28,520  
是不是这样啊  
  
1117  
00:44:29,200 --> 00:44:31,380  
呃，那么我也讲过这个问题  
  
1118  
00:44:31,420 --> 00:44:36,460  
圣人法天则地能把大自然的现象画  
  
1119  
00:44:36,500 --> 00:44:39,620  
才成为后世放诸四海皆为准的规则的人  
  
1120  
00:44:39,780 --> 00:44:40,460  
就叫圣人  
  
1121  
00:44:40,860 --> 00:44:42,220  
我曾经讲过这个话题吧  
  
1122  
00:44:42,740 --> 00:44:46,400  
那么这个后世有一位圣人叫扁鹊  
  
1123  
00:44:47,230 --> 00:44:48,990  
最后一代扁鹊就是秦越人  
  
1124  
00:44:49,830 --> 00:44:52,550  
他老人家呢，已经印证了读取村口这个问题  
  
1125  
00:44:53,110 --> 00:44:55,790  
那村口上也能出三部，也能有九侯  
  
1126  
00:44:57,710 --> 00:45:00,870  
那么就好像我经常打一个比方辩诊法  
  
1127  
00:45:00,870 --> 00:45:03,310  
就像古代爻卦的时候  
  
1128  
00:45:04,380 --> 00:45:05,700  
50根是草对吧  
  
1129  
00:45:06,100 --> 00:45:08,930  
大衍之数50其用49，哎  
  
1130  
00:45:09,130 --> 00:45:11,810  
拿出一根再拆开，两边啪啪啪这么一排  
  
1131  
00:45:12,210 --> 00:45:13,690  
把六个爻排出来  
  
1132  
00:45:14,870 --> 00:45:19,350  
那么这个可以作为周易推演卦象的一个方法  
  
1133  
00:45:19,830 --> 00:45:23,470  
那么是否还可以用三枚大钱摇六遍  
  
1134  
00:45:24,110 --> 00:45:27,440  
看正反面来表达阴阳呢  
  
1135  
00:45:28,320 --> 00:45:29,560  
那么在后代的时候  
  
1136  
00:45:30,120 --> 00:45:31,560  
又出现了圣人二乘  
  
1137  
00:45:32,120 --> 00:45:34,600  
印证了他们二者的数学模型  
  
1138  
00:45:35,220 --> 00:45:38,580  
最后出现的能表达的问题其实是一样的  
  
1139  
00:45:39,380 --> 00:45:42,560  
那么所以后世在运用周易的时候  
  
1140  
00:45:42,560 --> 00:45:45,200  
那么我们就很少能见到50根食草  
  
1141  
00:45:46,020 --> 00:45:48,380  
多数是三枚大钱，哎  
  
1142  
00:45:48,420 --> 00:45:49,620  
但是实话实说啊  
  
1143  
00:45:49,620 --> 00:45:51,340  
二者之间还是有差别的  
  
1144  
00:45:51,580 --> 00:45:53,460  
50个市草虽然很麻烦  
  
1145  
00:45:54,050 --> 00:45:57,370  
因为我们学校啊有一个药园，哎  
  
1146  
00:45:57,410 --> 00:46:01,060  
咱们建勋老师之前在里头种了柿草啊  
  
1147  
00:46:01,140 --> 00:46:05,300  
古古文里头讲世草所在之地必有灵龟守护  
  
1148  
00:46:05,300 --> 00:46:07,300  
我在那扒拉半天，我也没看到灵龟  
  
1149  
00:46:07,700 --> 00:46:09,350  
但是草是真有，呃  
  
1150  
00:46:09,350 --> 00:46:10,190  
等到后来呢  
  
1151  
00:46:10,190 --> 00:46:12,310  
他那个这个叫什么呢  
  
1152  
00:46:12,310 --> 00:46:14,610  
叫到秋天，那秋收啊  
  
1153  
00:46:14,610 --> 00:46:14,850  
哈  
  
1154  
00:46:15,130 --> 00:46:16,850  
那那他不可能一直种，那是对吧  
  
1155  
00:46:16,850 --> 00:46:18,570  
那我们东北天气苦寒啊  
  
1156  
00:46:18,570 --> 00:46:21,650  
那到秋天以后，那个食草那就没人用了  
  
1157  
00:46:21,650 --> 00:46:21,890  
对吧  
  
1158  
00:46:21,890 --> 00:46:22,530  
那也没人要了  
  
1159  
00:46:22,530 --> 00:46:24,010  
我一看我那去挑去吧  
  
1160  
00:46:24,450 --> 00:46:24,650  
哎  
  
1161  
00:46:24,690 --> 00:46:26,320  
挑了好多根，诶  
  
1162  
00:46:26,320 --> 00:46:29,000  
我在家像模像样也拿它，哎  
  
1163  
00:46:29,480 --> 00:46:32,000  
曾经拿他演过这个这个这个艺术  
  
1164  
00:46:32,440 --> 00:46:36,120  
发现确实有很多好玩的东西  
  
1165  
00:46:36,400 --> 00:46:36,600  
哎  
  
1166  
00:46:36,640 --> 00:46:38,620  
跟这个三枚，你  
  
1167  
00:46:38,620 --> 00:46:41,140  
你是开元通宝啊还是汉武珠啊  
  
1168  
00:46:41,380 --> 00:46:42,300  
还是乾隆通宝啊  
  
1169  
00:46:42,300 --> 00:46:43,620  
那感觉不一样哎  
  
1170  
00:46:43,620 --> 00:46:45,300  
出了很多东西，感觉是不一样的啊  
  
1171  
00:46:45,980 --> 00:46:49,590  
呃，那么说到这个啊  
  
1172  
00:46:49,630 --> 00:46:51,190  
我们回头来说，我们这个事  
  
1173  
00:46:51,590 --> 00:46:52,630  
所谓少阳脉悲  
  
1174  
00:46:52,670 --> 00:46:53,270  
少阴脉细  
  
1175  
00:46:53,750 --> 00:46:55,790  
因此我们可以有两种理解方式  
  
1176  
00:46:55,790 --> 00:46:58,770  
按古人辩证法理论来理解  
  
1177  
00:47:00,360 --> 00:47:04,120  
大家看到没有，按照这个为理解的时候啊  
  
1178  
00:47:08,580 --> 00:47:09,660  
那么少阳脉  
  
1179  
00:47:13,420 --> 00:47:15,380  
有两部脉都可以诊候邵阳  
  
1180  
00:47:16,100 --> 00:47:19,150  
一个呢，你比如说是足临气啊  
  
1181  
00:47:19,190 --> 00:47:20,350  
灵气，呃  
  
1182  
00:47:20,350 --> 00:47:21,990  
当然不是准确的灵气穴啊  
  
1183  
00:47:22,270 --> 00:47:24,070  
是那个位置，足少阳的地方有动脉  
  
1184  
00:47:24,470 --> 00:47:25,470  
你可以抓得到  
  
1185  
00:47:25,750 --> 00:47:28,420  
但还有一个手少阳啊，在哪呢  
  
1186  
00:47:28,740 --> 00:47:30,020  
耳门听宫这附近  
  
1187  
00:47:30,860 --> 00:47:35,140  
哎你你你一摸就能摸着这块有脉动它以喉少阳之气  
  
1188  
00:47:36,790 --> 00:47:38,670  
那么当然民间还有一些传承啊  
  
1189  
00:47:38,670 --> 00:47:39,350  
你比如说我  
  
1190  
00:47:39,350 --> 00:47:42,350  
我还看到一个传承，有一种叫龙药卖  
  
1191  
00:47:42,900 --> 00:47:44,300  
实际这个名词你一听呢  
  
1192  
00:47:44,300 --> 00:47:46,680  
就是从道门来的啊  
  
1193  
00:47:46,840 --> 00:47:48,280  
从道门，而且从哪来呢  
  
1194  
00:47:48,320 --> 00:47:52,920  
黄庭经黄庭经里头讲了胆神龙要自威，名  
  
1195  
00:47:53,520 --> 00:47:54,920  
脾神常在自魂庭  
  
1196  
00:47:55,860 --> 00:47:56,780  
哎，是吧  
  
1197  
00:47:57,220 --> 00:47:59,060  
那么它里头说的非常简单  
  
1198  
00:47:59,100 --> 00:48:00,180  
心神单元自守，灵  
  
1199  
00:48:00,580 --> 00:48:03,150  
脾神常在自魂停，肝魂  
  
1200  
00:48:03,150 --> 00:48:08,510  
龙烟自寒明抑郁导咽浊浊清皆在心内蕴天经啊  
  
1201  
00:48:09,260 --> 00:48:12,100  
昼夜存之那等等等，这个就不讲了啊  
  
1202  
00:48:12,260 --> 00:48:12,860  
呵呵  
  
1203  
00:48:12,980 --> 00:48:13,940  
那么就是呃  
  
1204  
00:48:13,940 --> 00:48:16,420  
黄帝经里面有有原文啊，有原文  
  
1205  
00:48:17,490 --> 00:48:20,170  
那么这个邵阳也称为龙药龙  
  
1206  
00:48:20,170 --> 00:48:23,180  
指的什么东方青龙，就是龙腾之象  
  
1207  
00:48:23,540 --> 00:48:25,060  
那么主生发之气啊  
  
1208  
00:48:25,060 --> 00:48:28,620  
这是我借用这个道门一个12经辩证法的传承啊  
  
1209  
00:48:28,820 --> 00:48:30,340  
借花献佛，借他说事  
  
1210  
00:48:31,360 --> 00:48:34,400  
额，那么受音是谁  
  
1211  
00:48:35,050 --> 00:48:37,450  
这个就比较比较单一了  
  
1212  
00:48:37,450 --> 00:48:39,450  
少阴就是一个太溪足少阴  
  
1213  
00:48:39,810 --> 00:48:42,290  
当然了，其实还有一部动脉在神门  
  
1214  
00:48:43,090 --> 00:48:44,490  
神门是可以摸到脉的啊  
  
1215  
00:48:44,850 --> 00:48:46,370  
这个你你是可以摸得到的  
  
1216  
00:48:46,490 --> 00:48:49,500  
那么甚至有的人寸口脉不陷  
  
1217  
00:48:49,940 --> 00:48:51,660  
而少阴脉独强  
  
1218  
00:48:51,940 --> 00:48:55,140  
这个是在在在临床中可以见到的啊  
  
1219  
00:48:56,140 --> 00:48:58,580  
这些都是脉象的一些变异  
  
1220  
00:48:59,080 --> 00:49:01,320  
呃，那么这个是按辩证法来说  
  
1221  
00:49:01,720 --> 00:49:05,120  
当然你要把它画裁到寸口，那就更简单  
  
1222  
00:49:05,160 --> 00:49:07,280  
你可以用六经直断之法，没错吧  
  
1223  
00:49:07,870 --> 00:49:11,310  
哎你你你，你看一下那个少阳少阴  
  
1224  
00:49:11,900 --> 00:49:15,740  
但是他总的来说说的其实既不是少阳，也不是少阴  
  
1225  
00:49:16,140 --> 00:49:18,060  
而是什么阴阳术积  
  
1226  
00:49:18,870 --> 00:49:19,870  
这大家明白了吗  
  
1227  
00:49:20,570 --> 00:49:24,090  
阴阳舒积，那么阴阳书积现在是咋的了呢  
  
1228  
00:49:24,650 --> 00:49:28,410  
少阳悲少阴系，这是有余还是不足啊  
  
1229  
00:49:29,090 --> 00:49:29,770  
都是不足  
  
1230  
00:49:30,050 --> 00:49:34,330  
那么说明阴阳枢机怎么样不利，这大家明白了吧  
  
1231  
00:49:34,810 --> 00:49:37,370  
但是阴阳枢机不利之后人的表现不同  
  
1232  
00:49:39,130 --> 00:49:39,930  
男子是什么  
  
1233  
00:49:40,570 --> 00:49:42,720  
小便不利，对不对  
  
1234  
00:49:43,040 --> 00:49:43,880  
女子什么呢  
  
1235  
00:49:43,880 --> 00:49:44,960  
女子没说小便不利  
  
1236  
00:49:44,960 --> 00:49:45,680  
经水不通  
  
1237  
00:49:46,880 --> 00:49:48,200  
经水不通啊  
  
1238  
00:49:48,800 --> 00:49:49,080  
呃  
  
1239  
00:49:50,040 --> 00:49:51,640  
后头还告诉你精为血  
  
1240  
00:49:51,880 --> 00:49:52,880  
血不利则为水  
  
1241  
00:49:53,360 --> 00:49:54,440  
那么这个很简单啊  
  
1242  
00:49:54,440 --> 00:49:56,740  
那么因为女子之精血  
  
1243  
00:49:57,220 --> 00:49:59,260  
那是为血气所运营  
  
1244  
00:49:59,300 --> 00:49:59,780  
对不对啊  
  
1245  
00:49:59,980 --> 00:50:04,430  
那你血气不能运营之后，那么谁就上来了  
  
1246  
00:50:05,570 --> 00:50:07,450  
阴的总量是守恒的  
  
1247  
00:50:07,450 --> 00:50:08,770  
你血少了，水就多了  
  
1248  
00:50:08,770 --> 00:50:09,490  
是不是这个道理  
  
1249  
00:50:09,890 --> 00:50:11,650  
名为血奋啊  
  
1250  
00:50:11,650 --> 00:50:13,730  
那么就是女子这个病是病在血奋  
  
1251  
00:50:14,350 --> 00:50:15,790  
那么总之是一个事  
  
1252  
00:50:15,790 --> 00:50:16,990  
儿男子为小便  
  
1253  
00:50:17,030 --> 00:50:17,950  
女子为经血  
  
1254  
00:50:18,480 --> 00:50:20,240  
因此我们要反思一个问题啊  
  
1255  
00:50:20,240 --> 00:50:21,760  
这个反思两个问题  
  
1256  
00:50:22,280 --> 00:50:23,080  
第一个问题  
  
1257  
00:50:24,660 --> 00:50:27,340  
男子的，比如说泌尿前列腺的疾病  
  
1258  
00:50:28,860 --> 00:50:31,420  
我们是否要从阴阳枢机的角度  
  
1259  
00:50:31,620 --> 00:50:35,820  
胆目的生发和肾经的封场角度去考虑  
  
1260  
00:50:36,180 --> 00:50:38,380  
作为根本的一个道理之一  
  
1261  
00:50:39,060 --> 00:50:39,700  
第二啊  
  
1262  
00:50:40,140 --> 00:50:42,780  
女子力家不通，女子常见的例家不通的问题  
  
1263  
00:50:42,780 --> 00:50:45,300  
比如说最常见的现在的那个多囊卵巢综合征  
  
1264  
00:50:45,770 --> 00:50:55,020  
你是否也要从邵阳的生发和哨音的收藏、经纪人的那个书籍角度去考虑是否可以  
  
1265  
00:50:55,340 --> 00:50:56,100  
咱们讲叫什么呢  
  
1266  
00:50:56,100 --> 00:50:57,830  
叫叫举一反三  
  
1267  
00:50:58,110 --> 00:50:59,790  
那你说男子小便不利  
  
1268  
00:50:59,790 --> 00:51:01,550  
你就不能玩命的光是立水  
  
1269  
00:51:03,050 --> 00:51:03,930  
咱们讲这个道理吧  
  
1270  
00:51:03,930 --> 00:51:05,170  
首先他肾里有没有经期  
  
1271  
00:51:05,770 --> 00:51:08,390  
第二，邵阳的气机有没有被淤住  
  
1272  
00:51:08,950 --> 00:51:10,630  
被淤住之后也不行是不是啊  
  
1273  
00:51:11,110 --> 00:51:11,310  
哎  
  
1274  
00:51:11,310 --> 00:51:14,110  
那么女子离家不来你也不能玩命救活血  
  
1275  
00:51:14,600 --> 00:51:15,560  
李甲不来就活血  
  
1276  
00:51:15,560 --> 00:51:16,480  
那他有没有血呀  
  
1277  
00:51:16,960 --> 00:51:19,120  
他没有血，你把他活出来它不是好事啊  
  
1278  
00:51:19,120 --> 00:51:20,420  
同学们啊  
  
1279  
00:51:20,420 --> 00:51:21,420  
那他出事了是吧  
  
1280  
00:51:21,420 --> 00:51:22,420  
你别给整崩漏了  
  
1281  
00:51:22,980 --> 00:51:24,220  
那么他是否是少阴  
  
1282  
00:51:24,220 --> 00:51:25,300  
根本就精气都不足  
  
1283  
00:51:25,620 --> 00:51:27,460  
肾脉都空了，骨质都疏松了  
  
1284  
00:51:28,260 --> 00:51:30,060  
小便没事就就就就憋不住  
  
1285  
00:51:30,180 --> 00:51:34,500  
都这种状态，你先把他肾气补足了之后再把它舒抒发出来  
  
1286  
00:51:34,970 --> 00:51:35,170  
哎  
  
1287  
00:51:35,210 --> 00:51:38,690  
那么我们的比如肾气丸四逆散大有作为啊，是吗  
  
1288  
00:51:39,210 --> 00:51:39,410  
哎  
  
1289  
00:51:39,410 --> 00:51:41,930  
那么那么很多经方，那你就都会用了  
  
1290  
00:51:42,620 --> 00:51:42,820  
呃  
  
1291  
00:51:42,900 --> 00:51:44,740  
那么折射出第二个问题  
  
1292  
00:51:44,780 --> 00:51:46,140  
这个留一个思考题吧  
  
1293  
00:51:46,140 --> 00:51:47,180  
在这我不说啊  
  
1294  
00:51:47,680 --> 00:51:49,160  
呃，驾驶沈先生呢  
  
1295  
00:51:49,160 --> 00:51:52,200  
昨天这个给我们这些弟子们啊，问了一个问题  
  
1296  
00:51:52,570 --> 00:51:53,490  
我就放在这，儿啊  
  
1297  
00:51:53,730 --> 00:51:55,090  
我不说我也不说哈  
  
1298  
00:51:55,170 --> 00:51:56,050  
我也不不评论  
  
1299  
00:51:56,370 --> 00:51:57,450  
你们自己去思考  
  
1300  
00:51:58,020 --> 00:51:59,820  
那么加师昨天问了一个问题  
  
1301  
00:51:59,820 --> 00:52:04,140  
所谓我们通常讲左血右气，是不是啊  
  
1302  
00:52:04,760 --> 00:52:05,680  
加师问了一个问题  
  
1303  
00:52:06,040 --> 00:52:07,920  
男子和女子一不一样  
  
1304  
00:52:08,560 --> 00:52:10,640  
这个问题甭琢磨  
  
1305  
00:52:10,640 --> 00:52:11,720  
我不会给你解答  
  
1306  
00:52:12,200 --> 00:52:13,280  
你自己琢磨琢磨  
  
1307  
00:52:13,880 --> 00:52:14,080  
呃  
  
1308  
00:52:14,480 --> 00:52:17,310  
作为一个思考，到底一不一样呢  
  
1309  
00:52:17,670 --> 00:52:21,590  
乾道和坤道，它的运转是否相同呢  
  
1310  
00:52:22,330 --> 00:52:23,290  
对吧  
  
1311  
00:52:23,970 --> 00:52:26,330  
那么留一个思考给大家好  
  
1312  
00:52:26,490 --> 00:52:28,410  
这堂课就先到这下课